



PE Céim ar Aghaidh

A GAA GAMES DEVELOPMENT INITIATIVE

Strand: Games

Class Level: Third and Fourth Classes

Lesson: 12 Hurling

Venue

School Yard/Hall

Equipment

Hurling helmets, hurleys, cones, sliotars or tennis balls

Lesson
12
Hurling

Strand Unit: Sending, receiving and travelling

Curriculum Objectives:

- Children develop dribbling and striking skills
- Dribbling a ball on the ground with hurley
- Striking and stopping ball with partner

Strand Unit: Creating and playing games

Curriculum Objectives:

- Children to create and develop games with a partner
- Striking a ball at a target
- Striking a ball to a partner through a goal

Strand Unit: Understanding and appreciation of games

Curriculum Objectives:

- Children to discuss and improve control in movement skills relevant to games
- Children to develop an increased understanding of the use of space
- Children to develop problem solving and decision making strategies, and an understanding of the tactics and strategies for use in modified game situations
- Children to adapt rules to modify games and keep scores

Linkage:

- Gymnastics - Strand unit: Movement (Balance)
- Athletics - Strand unit: Running, Jumping, Throwing

Build your own Lesson Plans
Go to learning.gaa.ie/planner/primary

GAA Activity Planner

References

Primary School Curriculum:
Physical Education (1999)
Physical Education Teacher
Guidelines (1999)

Primary Schools' Sports Initiative
<http://www.ppsds.ie/pcsparchive/pe/psai/clickme.html>

Fun Do GAA Learning Resource Pack (2007)





Strand: Games

Organisation

- Mark out a grid using cones
- Each child has a ball



Organisation

- Divide the class into pairs, facing each other approx 10m apart
- One ball per pair
- Place two cones midway between both pairs



Class Level: Third and Fourth Classes

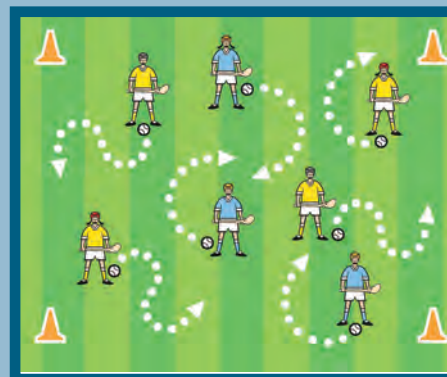
Activity 1 - Possession Dribble

a) Single Players

- The children dribble around the grid, keeping their own ball under control, while trying to knock another player's ball out of the grid by pushing it or flicking it
- When a child's ball is knocked out of the grid, they must leave the grid

b) Two tacklers

- Play the game with two designated tackling players and five players in possession



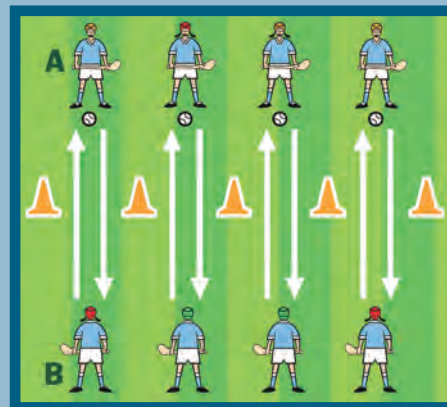
Teaching Points

Hurleys cannot be raised above knee level

Children discuss:
How best to find space to maintain possession of ball

Activity 2 - Striking in Pairs: Accuracy

- Each child in turn strikes the ball on the ground through the cones to their partner who blocks it and strikes back
- Alternate striking using the dominant and non-dominant sides
- A score may be awarded for every successful strike between the cones



Teaching Points

- The children should look at the ball when striking
- Encourage accuracy rather than force
- Decrease the width of the goals as skill level improves

Q What happens if you lift your head when striking the ball?
R You lose track of the ball

Strand: Games

Organisation

- Set up a course of four goals, one at each corner of a grid - 20m x 20m approx
- Each goal is less than 2m wide
- Divide the class into teams of four players



Organisation

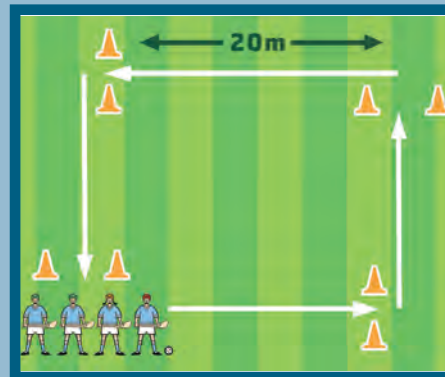
- The children pair off and face each other 10m apart, using two cones as a goal for each
- Allow children to modify dimensions of the grid for the 3v3 game



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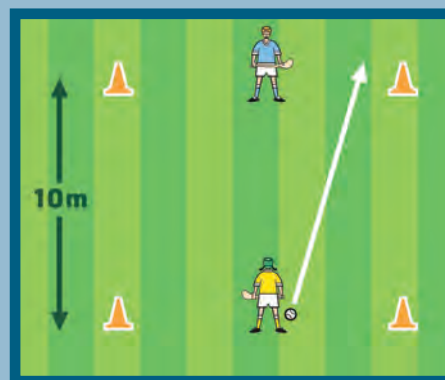
Activity 3 - Golf Goals

- The children, in relay, attempt to strike the ball through each goal, counting the number of shots it takes from start to finish
- The first player takes the first shot, the second player takes the second shot, and so on
- The team who completes the course in the least number of shots wins



Development - Goal to Goal

- a) 1v1**
- Each child, in turn, attempts to score a goal past their partner
 - Award one point for every goal scored with the dominant side and two points for every goal scored with the non-dominant side
- b) 3v3**
- Increase teams to 3v3



Teaching Points

- The children should look at the ball when striking
- Encourage accuracy rather than force
- Decrease the width of the goals as skill level improves

- Q** What happens if you lift your head when striking the ball?
R You lose track of the ball

Teaching Points

- The children should watch the ball when striking
- Encourage power and accuracy
- Decrease the width of the goals as skill levels improve

