

PROTECT YOURSELF AND OTHERS FROM GETTING SICK



Coronavirus
COVID-19
Public Health
Advice

WASH YOUR HANDS



- after coughing or sneezing
- when caring for the sick
- before and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after touching cuts, blisters or any open sores
- you can use alcohol hand rub, if hands are not visibly dirty

Protection from coronavirus. It's in our hands.

GAA

WHERE WE
ALL BELONG

