



Assessment 1: Two Stars and a Wish

The Two Stars and a Wish recording sheet provides the children with a resource where they can record their own learning from each lesson and also record what they would like to learn in future lessons. The child must identify two things they have learned and one thing they wish to learn.

Here is an example as to how a child might fill it in.



Two Stars	Wish
Today I learned how to bounce the ball with my left hand. Today I learned how to catch a high ball.	I wish that I could bounce the ball when running.



Make your own **‘Two Stars and a Wish’** recording sheet for each child.



Assessment 2: U-Can Awards

The **U Can Awards** are a progressive series of skills challenges for players, designed to assist with, and assess, the development of the skills of both Hurling and Gaelic Football.

There are 15 Skill Challenges divided over 5 Star levels – One Star, Two Star, Three Star, Four Star and Five Star – where the challenges get more difficult at each level. Each Star level corresponds to an age or class, but players can also progress at a rate appropriate to their own level of ability and application. Each Star level is made up of 3 Skill Challenges.

Awards are made on the basis of proficiency at each challenge and provide teachers with a measure of qualitative feedback on the progress being made by each participant. For example, the attainment of the 5 Star Gold Award provides conclusive evidence of the fact that the participant has achieved full playing proficiency on the left and right hand side of the body.

The challenges and details of the U-Can Skill Award programme are available at www.learning.gaa.ie/primaryschool where you can also download a poster like the image here to track the children's progress.





Examples of Integration

This table gives examples of Integration (i.e. cross-curricular connections) between PE and other subjects.

Subject	Strand	Strand Unit
English	Oral Language	Developing receptiveness to oral language Developing competence and confidence in using oral language Developing cognitive abilities through oral language
Maths	Number Data Handling Shape and space	Counting, Operations Representing and interpreting data Spatial Awareness, 2D shapes, Lines and Angles
Gaeilge	Éisteacht Labhairt	Ag cothú spéise Ag tuiscint teanga Ag úsáid teanga
Science	Living things	Myself Human life
History	Local Studies Myself and my family, life, society, work and culture in the past	Games and pastimes in the past
S.P.H.E	Myself	Taking Care of my body Self identity Relating to others