# sky sports















### THE MAGNIFICENT SEVEN









## 2.BUILD RELATIONSHIPS





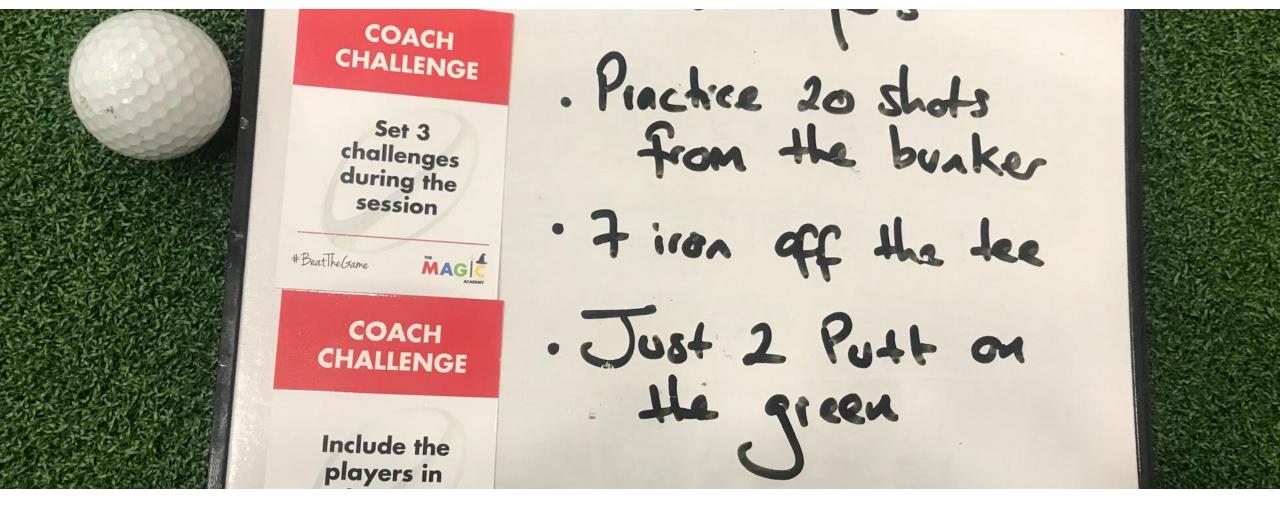
#### 3.TAKE MORE NOTICE





#### 4.RELATEDNESS





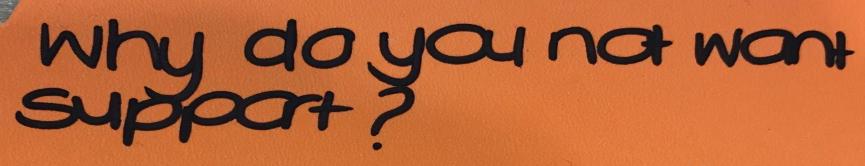
5.STRETCH





# 6.RECOGNISE EFFORT

Richard Cheetham MBE Senior Fellow in Sports Coaching University of Winchester



"A bigger sense of adhievement when we campae the task"



### 7. NEVER STOP LEARNING



#### THANK YOU

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Create emotional experiences

Build relationships

Take more notice

Relatedness

Stretch

Recognize Effort Never stop learning

