



"The capacity and the will to rally people to a common purpose and the caracter which will inspire confidence".

"Leadership is the ability to make people want to do things they would NOT ordinarily think of doing: and the ability to make people accept as their own the object of the enterprise of which they are a part".



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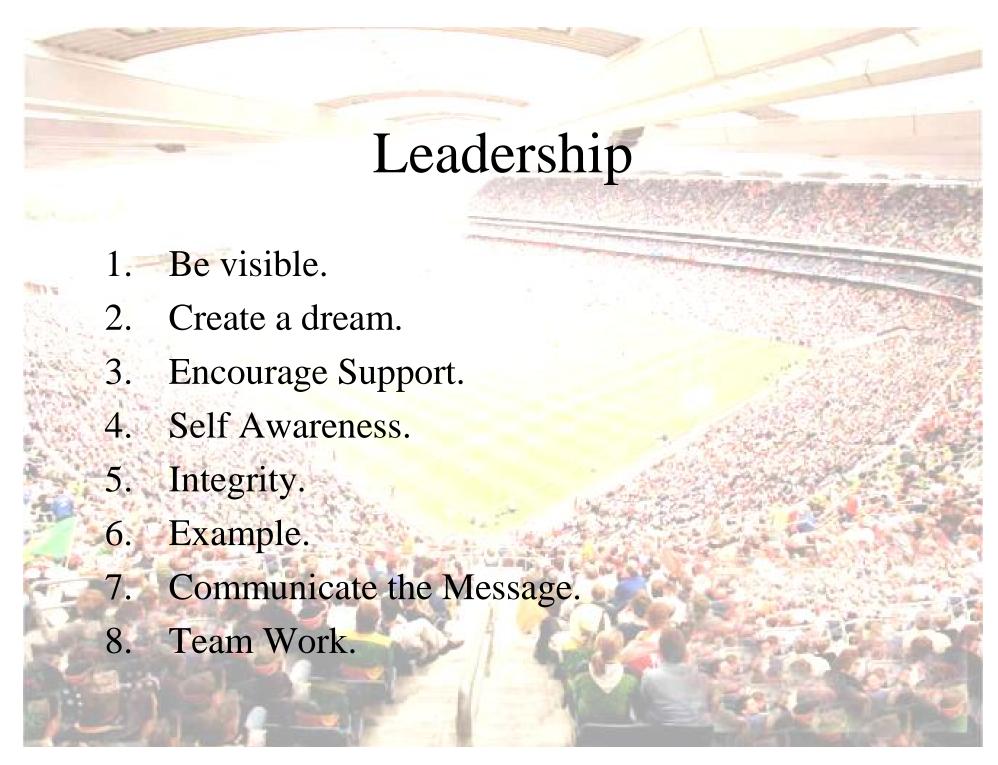
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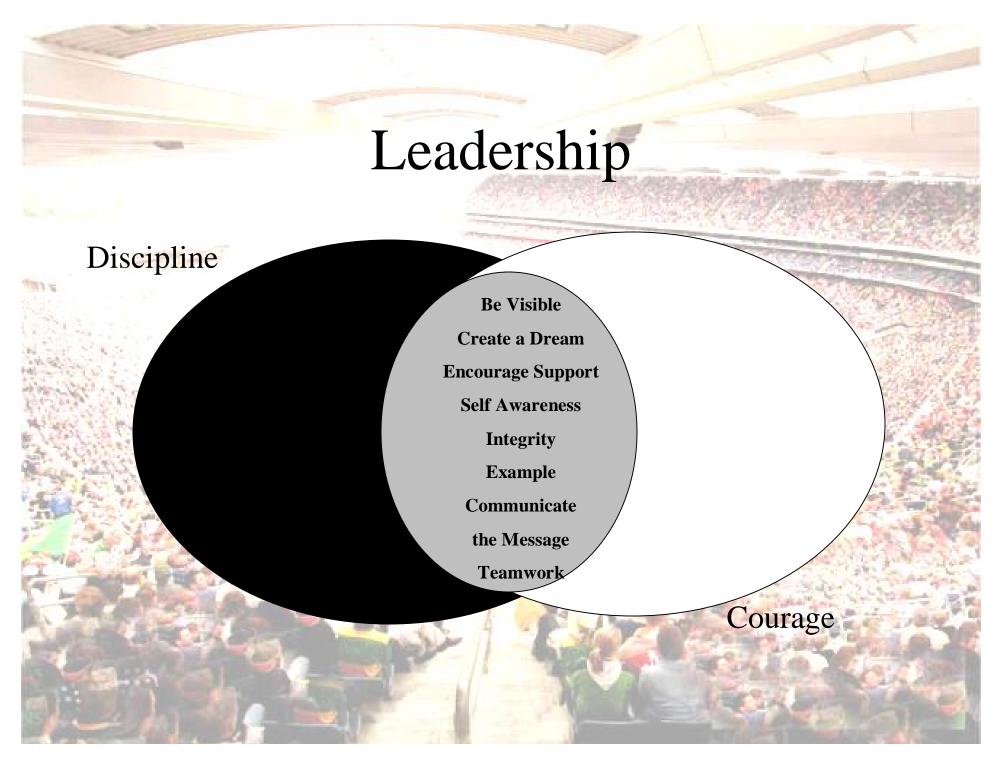




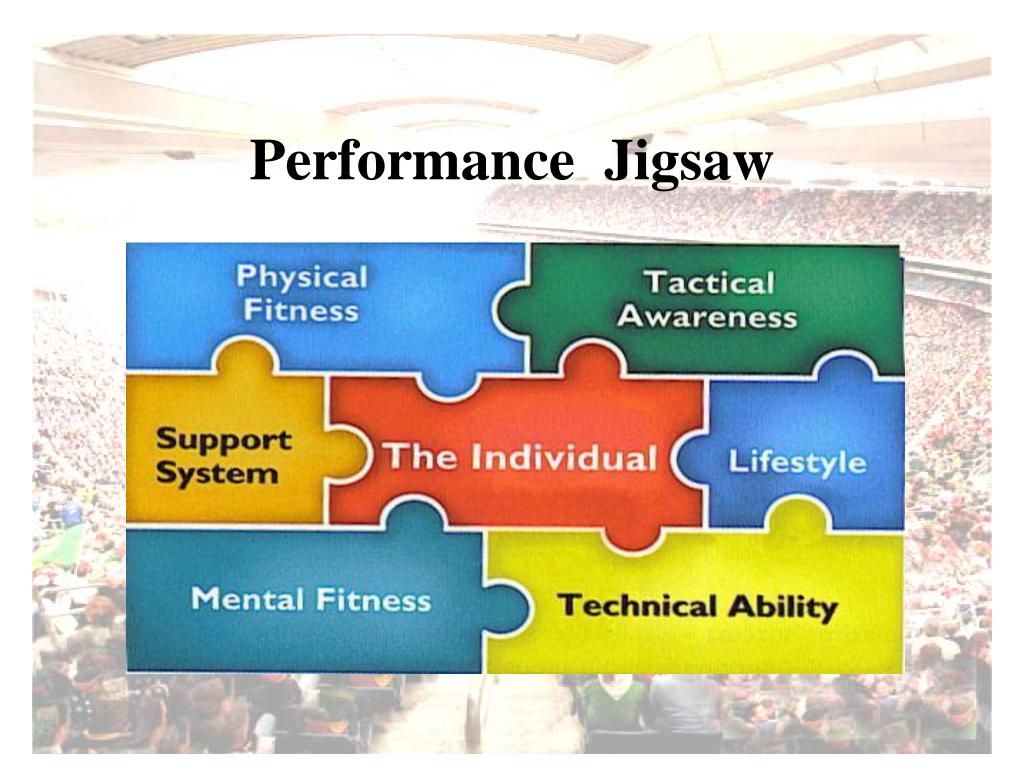
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- Gaelic games are a dynamic, acyclic activity.
- Games combine Technical, Tactical, Physical and Mental.
- Training session sport specific break down key activities from game.
- Encourages decision making and performing technique correctly under game pressure.