

Position: Goalkeeper

Job: Read the game
Stop scores
Set up Attacks
Talk to Defenders
Organise Players

Must Do's: Catch all high balls
Reassure defenders
Control defenders
Talk, Talk, Talk
Organise defensive set pieces.
Accurate fast ball from kickouts
Be an assertive presence in the goal.

Can Do's: Shot Stopping
Sweeper
Clearing left and right foot and hand
Excellent footwork.
Kick 45s

Position: Corner Back

Job: Read the game
Reduce opposition scores
Curtail your man
Mark your man.
Communicate with players
Listen to the goalkeeper

Must Do's: Prevent your man from gaining possession or scoring
Sacrifice a point to save a goal
Touch tight
Block any attempted shot in the scoring zone.
Play from the front
Trust your own ability
Ensure you keep the ball moving out with support play.
Turnover opposition possession

Can Do's: Pass left and right from hand and foot
Catch overhead ball
First touch possession
Available to clearances from goalkeeper

Position: Full Back

Job: Read the game
Curtail scores
Curtail your man
Touch tight to your man.
Communicate with players
Listen to the goalkeeper

Must Do's: Prevent your man from scoring
Sacrifice a point to save a goal
Touch tight
Play from the front
Trust your own ability
Don't let the ball past you.
Block any attempted shots
Be in charge of the square with clear understanding with the keeper.

Can Do's: Clear ball left and right from hand and foot.
Catch overhead ball
Link up with outfield players
First touch control of ball

Position: Half Back

Job: Attack kick outs
Set up attacks
Contest high balls aggressively
Deny the opposition possession

Must Do's: Turnover opposition possession
Be aggressive in the air
Communication with players around
Take instruction from the goalkeeper/ centre back
Ensure no ball passes through uncontested
Get the ball into half forward line quickly
Support the full back line

WORK, WORK,WORK

Can Do's: Pick out a forward
Set up an attack
Pick off a score
Support the rest of the team

Position: Centre Back

Job: Attack kick outs

Ensure the centre of defence is always covered

Set up attacks

Contest high balls aggressively

Win breaking ball in your area

Keep your man from gaining possession

Turnover possession from opposing players

Must Do's: Be aggressive in the air

Communication with players around

Take instruction from the goalkeeper

Ensure no ball passes through uncontested

Organise the players around you

Sweep for your half backs

Support the full back line

WORK, WORK,WORK

Can Do's: Pick out a forward

Set up an attack

Pick off a score

Support the rest of the team

Position: Midfield

Job: Link with forwards & backs
Keep the ball going into the forwards.
Cover the centre when team has to defend

Must Do's: Kick the ball on the run, left & right
Take instruction from the centre back
Force turnovers from the opposition
Keep the ball moving fast
Cover a huge amount of ground
Help out the defensive unit
Keep your shape.
Mammoth work rate

Can Do's: Take a score
Follow up play to support forwards
Pick out forwards with passes
Aggressive for balls, once you decide to go for a ball you need to completely commit to it.
Win high kickouts
Allow space in the forward line, and deny it in defence.

Position: Half Forward.

Job: Work rate must be crazy high.

Main area of point scoring

Must Do's:

Help back in midfield always

Making yourself available for passes throughout the game

Moving constantly to keep defenders occupied

Turnover opposition possession

To ensure our puckout keeps moving into the inside forward line

Follow that ball once it has gone through you to support inside forward line.

Take a score

Winning your own ball

Sacrifice a point to create a goal chance

Pressurise opposition half back clearances

Can Do's:

Shoot left & right on the run

Carry ball and break tackles and force opposition to foul

Take sideline frees

Take frees

Position: Centre Forward

Job: Organise the half forward line
Keep wing forwards in their place

Must Do's: Run straight at defences.
Take a score
Work rate must be manic
Be available for all kick outs
Keep the ball moving through to inside line
Force turnovers from opposition defender
Force the centre back out of his position
Help out midfield
Sacrifice a point to create a goal chance.

Able to Do: Shoot on the run left and right
Take a free/ sideline free – forces centre back out of position
Follow up ball breaking through, support inside line
Create chances for other players

Position: Corner Forward

Job: Score

Prevent easy clearances

Must Do's: Make yourself available throughout the game

Never stop moving

Manic tackling and force turnovers

Frustrate defenders, always in their face

Score on the run left & right

Sacrifice a point chance to create goal chance

Create score for on rushing half forward line

Create scores for half forward line by forcing defenders into poor clearances

Able to do: Win your own ball

Take frees

Take sideline frees

Forget errors: keep trying: attempt a shot when it's on.

Recycle ball back to edge of the D

Keep all defenders honest.

Position: Full Forward

Job: Win ball
Goal threat
No free clearances

Must Do's: Contest every ball
Tackle like crazy – force turnovers from opposition
Keep moving in and out; keep full back on his toes
Shoot on the run left & right
Always contest a high ball; you must contest even if it can't be won
Bring the on rushing half forwards into play
Keep the goalkeeper honest/ organise against quick kickouts/ challenge keeper each time he's in possession in play
Vary play continuously; keep full back guessing
Force full backline into half clearance by work rate, set up scoring chances for half forwards & midfielders.

Able to do: Shoot left and right on the run
Catch and kick
Organise all forwards for an attacking free
Take on the full back; run at him