

KELLOGG'S GAA CÚL CAMPS

GUIDELINES FOR COACHES



PRE-CAMP:

All coaches are required to ensure that they are fully aware of the Guidelines on the Safe Return to Gaelic Games document (<https://learning.gaa.ie/covid19>). Coaches should also make themselves aware of the signs and symptoms of COVID-19 and of social/physical distancing guidelines: <https://bit.ly/2Zqkw1B>

Coaches who display any of the COVID 19 symptoms **must not** attend Cúl Camps and must notify the Camp Co-Ordinator / Head Coach.

BEFORE CAMP, CÚL CAMP COACHES;

- Are required to complete and submit the health questionnaire (Safe Return for Gaelic Games) in advance of the Cúl Camp and provide it to the Camp COVID Supervisor: <https://returntoplay.gaa.ie/>
- Should ensure they have completed the COVID-19 Online Educational training at <https://learning.gaa.ie/covid19> & the Cúl Camp online modules.
- Should ensure their clothing, facemask & equipment are sanitised.
- Should record their temperature before each day of camp and notify the Club COVID Supervisor & Camp Co-Ordinator if any information as per the health questionnaire changes at any stage.
- Should arrive at a time agreed with the Camp Co-Ordinator/Head Coach before each day of camp to facilitate with the traffic management protocols. Adequate time should be allowed for handwashing/sanitation upon arrival.
- Should familiarise themselves with pitch zoning areas & should assist in setting them up each morning before camp. Camp coaches should also familiarise themselves with the isolation zone.
- Should ensure that all gear is sanitised and disinfected before the first day of camp and after each day of camp.
- Should have the contact details of County Cúl Camp Co-Ordinator/COVID Supervisor in the event their assistance is required.
- Should travel with family to camp if it's not possible to travel alone.

DURING CAMP, COACHES;

- Should ensure that the traffic management plan is adhered to each day before & after camp when participants are being dropped off/collected. Participants should ensure they enter through the designated entry point and leave through the designated exit.
- Should stay in their designated zones & groups where possible and encourage all participants to remain in their zones/groups.
- Must wear facemask where social distancing is not possible (e.g. First aid, tying shoelaces, tying helmets etc.) Coaches are required to provide their own facemasks.
- Should ensure that participants do not share drinks or come into close contact with each other.
- Should be reminded that after Phase 4, outdoor areas should still be used during lunch time.
- Should supervise and allow adequate time for regular hand washing/sanitising.
- Should wash their hands regularly, especially following toilet use, sneezing or coughing and should encourage camp participants to do the same. If you leave the pitch for any reason you must wash your hands before re-entering.

- Should cover their mouths when coughing or sneezing into a disposable tissue, arm or sleeve. Used tissues are to be disposed of in a sealed bin, and hands should then be washed/sanitised as per government guidelines and should ensure participants do the same.
- Should ensure that when using the bathroom, all attendees must wash/sanitise their hands before entering the building, after toilet use and before returning to their zone/group.
- Should gather all equipment used throughout the day and return to the sanitising area to be disinfected/sanitised at the end of each day of camp.
- Should wash/sanitise their hands before returning home after each day of camp.
- Should travel home from camp with family if it's not possible to travel alone.

Coaches should not attend camp if they are unwell or members of their household are showing symptoms consistent with COVID-19.

POST-CAMP, COACHES;

- Should ensure that all incidents are reported to the Camp Co-Ordinator.

HOW TO MANAGE A CHILD WITH COVID-19 SYMPTOMS:

- If at any time during camp a child displays sign or symptoms of COVID-19, as the coach please notify the Camp Co-Ordinator.
- The Camp Co-Ordinator will along with one other adult accompany the child to the medical room, while adhering to the social/physical distancing guidelines.
- The parent/guardian will transport the child home and should consult with their GP by phone of their child's symptoms.
- All persons who have been in close contact* with the suspect case will need to be informed to restrict their movement for 14 days or until further information is available (i.e. a negative test result of the suspect case).

* Casual contacts should monitor their own health for 14 days if the casual contacts health changes please seek medical advice.

A close contact is: Anyone who has spent more than 15 minutes, face-to-face, within two meters of a person with coronavirus in any setting, for example, anyone living in the same household, or someone who has shared a closed space with a confirmed case for more than two hours.

Please click the below link to find further information:

<https://www2.hse.ie/conditions/coronavirus/managing-coronavirus-at-home/if-you-live-with-someone-who-has-coronavirus.html>

* A **casual contact** is defined as someone who has had face-to-face contact for less than 15 minutes cumulative over the course of a week, or been in the same closed space for less than 2 hours, with a person with a COVID-19 infection while they were infectious.

Casual contacts can continue to attend camps and are NOT required to self-isolate in their homes UNLESS they develop symptoms.