

KELLOGG'S GAA CÚL CAMPS

GUIDELINES FOR CAMP CO-ORDINATORS/HEAD COACHES



PRE-CAMP

Camp Co-Ordinators/Head Coaches are required to ensure that they are fully aware of the Guidelines on the Safe Return to Gaelic Games document (<https://learning.gaa.ie/covid19>). Co-Ordinators /Head Coaches should also make themselves aware of the signs and symptoms of COVID-19 and of social/physical distancing guidelines: <https://bit.ly/2Zqkw1B>

Co-Ordinators/Head Coaches who display any of the COVID-19 symptoms **must not** attend Cúl Camps.

BEFORE CAMP, CAMP CO-ORDINATORS/HEAD COACHES;

- Are required to complete and submit the health questionnaire (Safe Return for Gaelic Games) in advance of the Cúl Camp and provide it to the Club COVID Supervisor: <https://returntoplay.gaa.ie/>.
- Should ensure they have completed the COVID 19 Online Educational training at <https://learning.gaa.ie/covid19>.
- Should ensure all camp coaches are adequately trained & have completed the necessary courses - Foundation, Cúl Camp specific online modules GAA Garda Vetting & GAA Safeguarding (GAA Return to Play, COVID Supervisor for Head Coach/Co-Ordinator)
- Should ensure that there is a traffic management plan in place for cars & people. The Co-Ordinator/Head Coach should liaise with the Club COVID Supervisor regarding sanitation protocols that may need to be put in place.
- Should ensure that plans are to be communicated with parents/guardians in advance of camps starting (email via website be used).
- Should ensure an isolation room is available for the duration of the camp.
- Should ensure that a plan is put in place for outdoor bag drops and ensure that this is communicated to parents in advance. It is suggested that all camp participants' belongings are stored in a waterproof container/bag. An area should be identified for bag drops prior to Camp starting. Camp Coaches are to manage their age groups bag drops.
- Should ensure completion of preplanning documents & that copies of same are to be stored within the Co Ordinator/Head Coaches resource folder.
- Should create a document to record the Daily Health Questionnaire info and it is the Camp Coordinator/Head Coach's responsibility to ensure that parents/guardians are aware that this must be signed every day at the beginning of camp: <https://returntoplay.gaa.ie/>.
- Should ensure hard copies of blank Health Questionnaires are available.
- Should ensure a process is put in place to ensure there are no lines or bunching at time of 'high traffic' (e.g. Drop off/collection times/during activities/during break times/toilet breaks/gear distribution etc). This should be communicated efficiently with parents/guardians and all camp staff.
- Should plan the pitch layout based on the number of groups and people. Walkways should be clearly marked as well as bag drop areas, shoelace tying, Medical & water refill zones.
- Should ensure that sanitisation procedures are agreed with the Club COVID Supervisor. A checklist should be compiled and completed before each day of camp (equipment, touch points, personnel).

- Should plan a specific schedule for each age group with exact break times

- o Suggest 3 X 10-15 minute mini breaks

- Should ensure a procedure is in place for tying participants shoelaces and should be shared with parent/guardians and all camp coaches. This should involve a face cover (mask), and tying the shoes from behind the child within a specific 'shoe-tying' zone.
- Should ensure a procedure is put in place for the refilling of water bottles. It is suggested this is within a specific, outdoor zone from a tap or refillable drum. Hands must be sanitized before & after use.
- Should ensure a procedure is put in place for the process of first aid treatment. It is suggested all first aid should take place in a specific zone by the camp Co-Ordinator or nominated First Aider only to ensure no cross contamination (Face covering, surgical gloves should be worn).
- Should ensure that sanitation procedures & processes are agreed with the Club COVID Supervisor and are communicated with camp coaches and parents/guardians.
- Should ensure a procedure is put in place in the event there is wet weather conditions. The Camp Co-Ordinator/Head Coach should communicate arrangements for wet days in advance to parents & coaches.

- o Camp day called off
 - o Kids staying outside all day
 - o Collecting early or starting late if partial wet day

- As the Camp Co-Ordinators/Head Coaches, you should travel to camp with family members only if it's not possible to travel alone.
- ***Should decide prior to the beginning of Camp who fulfils the COVID-19 Supervisor role during Camp i.e. Club Supervisor or Camp Co-Ordinator/Head Coach.**

DURING CAMP, CAMP CO-ORDINATORS/HEAD COACHES;

- Should ensure that all coaches confirm their health status at the beginning of each day of camp and that these records are stored in compliance with data protection laws.
- Should ensure that the traffic management plan is implemented at the beginning and end of each day of camp.
- Should ensure a front desk is set up for limited coordinator & parent/guardian interaction. Facemasks are to be worn by both parties if social distancing guidelines cannot be adhered to.
- Should ensure that the pitch layout is marked off before the beginning of camp every day (including bag drop zones, shoe-tying zones & first aid zones).
- Should ensure hand sanitiser is available upon entry & monitored by staff.
- Should ensure that all equipment is sanitised/disinfected before the first day of camp and at the end of each day of camp.
- Should ensure that procedures are being implemented to avoid lines or groupings of people during high traffic periods (i.e. The start of camp each day, lining up for activities, gear hand-out etc.)
- Should ensure that all camp participants are signed in each morning before camp and that their Health Questionnaire information is up to date & signed by parents/guardians.
- Should ensure roll call records are maintained for each group of people including volunteers & staff for contact tracing purposes.

- Should ensure participants & coaches are encouraged to wash/sanitise their hands on a regular basis throughout the day (recommended 20 seconds washing).
- Should be reminded that after Phase 4, outdoor areas should still be used during lunch time.
- Should ensure that all equipment & facilities that are used are to be sanitised on a regular basis.
- Co-Ordinators/Head Coaches should travel from camp with family members only if it's not possible to travel alone.

POST-CAMP, CAMP CO-ORDINATORS/HEAD COACHES;

- Should ensure that all contact tracing records are to be filed & retained in compliance with data protection laws.
- Should conduct a review of camp procedures & required actions that should be taken in advance of further camps
- Liaise with County Cúl Camp Co-Ordinator & Club COVID Supervisor on any COVID related issues
 - o If a participant was sick/showed symptoms during the week of camp
 - o How contact tracing records can be accessed if required

HOW TO MANAGE A CHILD WITH COVID-19 SYMPTOMS:

- If at any time during camp a child displays sign or symptoms of COVID-19, as the Camp Co-Ordinator, you contact the parent/guardian immediately.
- The Camp Co-Ordinator will along with one other adult accompany your child to the medical room, while adhering to the social/physical distancing guidelines.
- The parent/guardian will transport the child home and should consult with their GP by phone of their child's symptoms.
- All persons who have been in close contact* with the suspect case will need to be informed to restrict their movement for 14 days or until further information is available (i.e. a negative test result of the suspect case).

Casual contacts should monitor their own health for 14 days if the casual contacts health changes please seek medical advice.

A **close contact** is: Anyone who has spent more than 15 minutes, face-to-face, within two meters of a person with coronavirus in any setting, for example, anyone living in the same household, or someone who has shared a closed space with a confirmed case for more than two hours.

Please click the below link to find further information:

<https://www2.hse.ie/conditions/coronavirus/managing-coronavirus-at-home/if-you-live-with-someone-who-has-coronavirus.html>

* A **casual contact** is defined as someone who has had face-to-face contact for less than 15 minutes cumulative over the course of a week, or been in the same closed space for less than 2 hours, with a person with a COVID-19 infection while they were infectious.

Casual contacts can continue to attend camps and are NOT required to self-isolate in their homes UNLESS they develop symptoms.