

ADDITIONAL INFORMATION

Camogie v Hurling

A few rule differences.....

Éide / Playing gear:

- All **Camogie** players, including the goalkeeper, must wear the same jersey. The goalkeeper in **Hurling** must wear a distinctive jersey.
- Skirt/divided skirt/skort is worn in Camogie
- **Hurling:** Shorts are worn

An Sliotar / Sliotar:

- **Camogie: Weight: 90-110 grams** Size: **21cm** in circumference
- **Hurling: Weight: 110-120 grams** Size: **23-25cm**

Scóranna / Scores:

- **Camogie:** Handpassed goal **is** allowed
- **Hurling:** Handpassed goal **is not** allowed

Pocanna Saora / Frees:

- **Camogie: 45 metre** is awarded
- **Hurling: 65 metre** is awarded

An Camán a ligint go talamh / Dropping the hurley:

- **Camogie: Hurley may be dropped to handpass** the sliotar provided it is not dangerous to do so
- **Hurling: It is a foul to drop the hurley to handpass**

Ruathar Aonair / Solo:

- **Camogie:** The sliotar may be **taken twice into the hand** from the hurley regardless of how the player gained possession
- **Hurling:** The sliotar may only be **taken once** into the hand from the hurley if it was already caught with the hand

Tabhairt faoi / Tackling:

- **Camogie:** Shouldering **is not** allowed
- **Hurling:** Shouldering **is** allowed

Leadhb do chmán / Flicking of Hurley in the air and on the ground

- **Camogie:** A player **may flick** an opponent's hurley from **the ground or in the air** with her own hurley
- **Hurling:** It is a foul to tip an opponent's hurley up with a player's hurley or foot. It is also a foul to tip an opponent's hurley in the air

Cártaí buí agus dearga / Yellow & Red Cards

- **Camogie: Red cards only are used** to send a player off for dangerous play. The player is then dealt with by the Committee in charge of the competition
Players may be sent off for the duration of a game for persistent fouling/dissent. The player's name is noted by the Committee in charge of the competition and should this player be sent off on a second occasion for the duration of a game, she will have to appear before the Committee in charge.
- **Hurling: Yellow card** for first bookable offence
Red card – to dismiss a player after he receives a second **Yellow card**
 - **straight Red Card** for dangerous play

Playing Rules for Ladies Football

1. A player may pick the ball off the ground with the toe or with one or both hands, providing she is in a standing position
2. A player while on the ground may play the ball away from her but cannot bring it into her possession
3. The ball when caught may be: kicked, struck with the fist or open hand; hopped once with one or both hands or solo it toe to hand
4. A ball that has not been caught may be bounced more than once in succession with one or both hands
5. A player may change the ball from one hand to the other once, provided the original holding hand maintains contact with the ball until the change is completed
6. A player may not pick the ball up as an opponent is about to pick it up or take into her possession
7. The ball cannot be held longer than it is necessary to kick, fist, handpass, hop it away, or move four steps
8. A player may not throw the ball
9. All deliberate bodily contact is forbidden but: (a) shadowing an opponent, (b) fielding, (c) blocking the delivery of a ball by an opponent shall be allowed
10. Shouldering is not allowed
11. Where a referee stops play to deal with an injured player(s), the team in possession of the ball at the time the referee stopped play shall retain possession on the restart. Play is restarted with a kick ball to the team that had possession. However, that team cannot score directly from the kick ball and all players must be 13m from the ball when play is resuming. If none of the teams had possession of the ball when the referee stopped play, play is resumed with a throw in between one player from both teams.

For further information about Ladies Football log on to www.ladiesgaelic.ie

Also check out the rules and details of the other Gaelic games on www.rounders.ie and www.handball.ie