

#GAAPrimary Challenges

Issue 7

June 8th, 2020

3rd to 6th Classes / P.5 to P.7

Weekly Curriculum Lesson Plans and Physical Activities for Primary School Children



@GAAlearning

gamesdevelopment@gaa.ie

Supported By



@gaelicplayers



@cnambnaisiuta



@LadiesFootball



@officialcamogie



Competition of the Week

Physical Education

Strand: Dance

Strand Unit:

Exploration, creation and performance of Dance

Aims: The child will be enabled to think imaginatively in order to create a set of body movements in response to a chosen song/tune to create a unique dance.

Ask your parent/guardian to email your video to gamesdevelopment@gaa.ie by

Friday June 12th including:

- Your first name
- The name of your school and county
- The name of your local GAA club, if you have one.

Win complimentary Family Passes to the [Ericsson Skyline Tour](#)

Winners will be announced the following week on [@GAAlearning](#)

By sending the email, parents / guardians are consenting for the photos and details to be shared on official GAA online channels. See terms & conditions and data protection notice on learning.gaa.ie/primary-school for details.

Create and perform a Gaelic games-themed dance.

Maybe: Wear your club or county colours.

Use footballs, hurleys / camogie sticks, sliotars, helmets etc.

Play your club's/county's song or traditional Irish music.



For some ideas. Check out Cork Ladies Gaelic Football star, [Orlagh Farmer's video](#).

Remember to stay safe in line with current [government guidelines](#).



Physical Education

Strand: Athletics

Strand Unit: Running/Jumping/Throwing

Aims: the child will be enabled to practice a variety of athletic skills to experiment with appropriate objects for throwing, aiming for height and distance and for jumping exploring ways to take off and land

SKILL CHALLENGES CIRCUIT

MONDAY



Gaelic Football –
Toe Tap

TUESDAY



Hurling/Camogie –
Wall Strike Control

WEDNESDAY



Gaelic Football –
Pick Up

Click images
and watch
following
videos

FRIDAY



Gaelic Football –
Punt Kick Pass

THURSDAY



Hurling/Camogie –
Roll Lift

For more Skill Challenges,
see learning.gaa.ie



SKILL CHALLENGES CIRCUIT

DAY	SKILL	SCORE
MONDAY	Gaelic Football – Toe Tap	
TUESDAY	Hurling/Camogie – Wall Strike Control	
WEDNESDAY	Gaelic Football – Pick Up	
THURSDAY	Hurling/Camogie – Roll Lift	
FRIDAY	Gaelic Football – Punt Kick Pass	
TOTAL		



COLOURING SHEET





MORE GAA PRIMARY SCHOOL LEARNING RESOURCES

learning.gaa.ie/primary-school

GAA Activity Planner

The GAA Activity Planner has been designed to help Teachers and Coaches to identify activities suitable for players/pupils and to build sessions and PE lessons from these activities. It contains hundreds of activities for developing Movement Skills, Hurling, Gaelic Football, Handball and Rounders. You can save sessions/lessons on a pdf document. Most of the activities also have a brief instructional video which can be shown on the class whiteboard. You can access this resource for free by registering on the GAA Learning & Development Portal



Céim ar Aghaidh/Step Ahead Resource

[Céim ar Aghaidh/Step Ahead Resource](#) is a set of learning resources for Teachers and pupils based on the enjoyable theme of gaelic games. It aims to deliver a range of exercises used to support teaching in a variety of subject areas. These can be adapted to suit children of varying abilities through differentiated tasks. In keeping with the ethos of the GAA, the material is designed to promote participation for all, both on and off the field.

[The GAA's P.E. Céim ar Aghaidh](#) is a teaching resource and has been developed to assist Primary School Teachers to deliver the Games Strand of the national Physical Educational Curriculum through Gaelic games activities covering Gaelic Football, Hurling/Camogie, Handball and Rounders.

Tá na leaganacha Gaeilge seo de na háiseanna a chur ar fail freisin.

