

#GAAPrimary Challenges

Issue 7

June 8th, 2020

Junior Infants to 2nd Class / P.1 to P.4

Weekly Curriculum Lesson Plans and Physical Activities for Primary School Children



@GAAlearning

gamesdevelopment@gaa.ie

Supported By



@cnambnaisiuta



@LadiesFootball



@officialcamogie



Junior Infants
to 2nd Class
P.1 to P.4

Competition of the Week

Physical Education

Strand: Dance

Strand Unit:
Exploration, creation and performance of Dance

Aims: The child will be enabled to think imaginatively in order to create a set of body movements in response to a chosen song/tune to create a unique dance.

Ask your parent/guardian to email your video to gamesdevelopment@gaa.ie by

Friday June 12th including:

- Your first name
- The name of your school and county
- The name of your local GAA club, if you have one.

Win complimentary Family Passes to the [Ericsson Skyline Tour](#)

Winners will be announced the following week on [@GAAlearning](#)

By sending the email, parents / guardians are consenting for the photos and details to be shared on official GAA online channels. See terms & conditions and data protection notice on learning.gaa.ie/primary-school for details.

Create and perform a Gaelic games-themed dance.

Maybe: Wear your club or county colours.

Use footballs, hurleys / camogie sticks, sliotars, helmets etc.

Play your club's/county's song or traditional Irish music.



For some ideas. Check out Cork Ladies Gaelic Football star, [Orlagh Farmer's video](#).

Remember to stay safe in line with current [government guidelines](#).



MOVEMENTS SKILLS CIRCUIT

MONDAY



Coordination

TUESDAY



Running

WEDNESDAY



Jumping

Click images and watch following videos

FRIDAY



Kicking – Balloon Keepie Uppies: How many times can you keep the ball up?

THURSDAY



Catching & Passing

Kicking the balloon with your left and right legs.

Striking the balloon from your left and right sides with a hurley/camogie stick.

For more movement skill challenges, see learning.gaa.ie

The Two Stars and a Wish recording sheet provides the children with a resource where they can record their own learning from each lesson and also record what they would like to learn in future lessons. The child must identify two things they have learned and one thing they wish to learn.

This can be used with the children for reflecting on the movement skill challenges

Here is an example as to how a child might fill it in.



Two Stars	Wish
Today I learned how to bounce the ball with my left hand. Today I learned how to catch a high ball.	I wish that I could bounce the ball when running.



Make your own 'Two Stars and a Wish' recording sheet for each child.

Two Stars	Wish

HOW I'M FEELING

I AM MOST THANKFUL FOR:

WHAT I HAVE LEARNT FROM THIS EXPERIENCE:

TEAM I MISS WATCHING PLAY:

WHAT I WILL DO DIFFERENTLY IN THE FUTURE:

WORDS TO DESCRIBE HOW I FEEL:

THE THINGS I'M EXCITED TO DO WHEN THIS IS OVER:

HOW MY FACE LOOKS:

THE FRIEND I MISS THE MOST:

WHO I WILL HUG:





MORE GAA PRIMARY SCHOOL LEARNING RESOURCES

learning.gaa.ie/primary-school

GAA Activity Planner

The GAA Activity Planner has been designed to help Teachers and Coaches to identify activities suitable for players/pupils and to build sessions and PE lessons from these activities. It contains hundreds of activities for developing Movement Skills, Hurling, Gaelic Football, Handball and Rounders. You can save sessions/lessons on a pdf document. Most of the activities also have a brief instructional video which can be shown on the class whiteboard. You can access this resource for free by registering on the GAA Learning & Development Portal



Céim ar Aghaidh/Step Ahead Resource

[Céim ar Aghaidh/Step Ahead Resource](#) is a set of learning resources for Teachers and pupils based on the enjoyable theme of gaelic games. It aims to deliver a range of exercises used to support teaching in a variety of subject areas. These can be adapted to suit children of varying abilities through differentiated tasks. In keeping with the ethos of the GAA, the material is designed to promote participation for all, both on and off the field.

The GAA's P.E. [Céim ar Aghaidh](#) is a teaching resource and has been developed to assist Primary School Teachers to deliver the Games Strand of the national Physical Educational Curriculum through Gaelic games activities covering Gaelic Football, Hurling/Camogie, Handball and Rounders.

Tá na leaganacha Gaeilge seo de na háiseanna a chur ar fail freisin.

