



DADS & LADS NEWSLETTER!

SOCIAL FOOTBALL & HURLING

BRAY EMMETS, WICKLOW ON TOUR!

The Bray Emmets Gaelic Dads & Lads aka Grey Emmets headed to Portugal in early February for what was officially described as a 'pre-season training camp'.

Thirty Dads & Lads travelled and morale is flying! Fantastic memories were made and plenty of laughs were had.

The Grey Emmets are very open to games and team bonding if anyone would like to get in contact!



SEAN MCDERMOTTS, MONAGHAN

Sean McDermotts will be hosting a Mothers & Others / Lads & Dads blitz on Saturday 23rd May in Pairc Sean Mac Diarmada, Threemilehouse, County Monaghan.

Any team interested please contact James 087-6657425 or Martin 087-4164502.



NENAGH EIRE OG, TIPPERARY

Frequently mentioned in our Newsletters and the local Nenagh Newspaper, Nenagh Eire Og GAA pictured on their last session of 2025, keeping with the spirit of Christmas!

The Dads & Lads returned early in January, all enjoying their weekly sessions!



LISBURN, ANTRIM

Building Friendships Through Sport in Lisburn

Friendship has always been at the heart of sport, and that spirit was on full display as the Lisburn Social Hurlers spent an afternoon not only showcasing the skills of hurling, but stepping outside our comfort zone to learn something new in a cross-community sports exchange.

What followed was an afternoon full of laughs, learning, and a fair bit of humility. We discovered very quickly that while you might think the hand-eye coordination from hurling would transfer neatly to softball and cricket... it absolutely does not. From trying to bowl a cricket ball without taking out a teammate, to figuring out how to swing a softball bat without spinning ourselves in circles, it was a fantastic challenge and a great leveller.

More importantly, the day highlighted the power of sport to bring people together. In a place where sporting traditions can sometimes divide, afternoons like this show how easily they can unite. By sharing our games, our stories, and plenty of fun, we've strengthened links across clubs and across the community.

We left with new friendships, a deeper appreciation for the sports played on our doorstep, and—much to our surprise—a few lads now wondering if they can add a softball mitt to their hurling gear bag.

Here's to more days like this, more shared learning, and more opportunities to build a stronger, more connected Lisburn through sport.

ST BRENDANS, DUBLIN

St.Brendan's GAA held their first Dads & Lads Training session on February 27th with 17 participants in attendance. Since then, interest in the initiative has grown significantly within the local community, with over 40 individuals expressing an interest to get involved!

Training sessions take place every Friday with an average attendance of 17 players each week, with great engagement and enthusiasm from all involved!

St.Brendan's are hopeful to organise games home and abroad, and to build sporting and social connections!
Well done to all involved in St.Brendan's GAA!

More information on Dads & Lads -
[Click HERE](#)

