



# GAELIC GAMES ALL STARS PROGRAMME

## HEALTH & SAFETY CONSIDERATIONS



### RISK ASSESSMENT

- Conduct a thorough risk assessment of your facilities and the activities planned
- Identify specific risks related to participants physical, sensory or cognitive needs
- Plan modifications or support strategies to mitigate identified risks

### MEDICAL & EMERGENCY PLANNING

- Collect contact details for all participants
- Be aware of participants conditions
- Ensure a trained first-aider is present at all times with access to a first aid kit and knowledge of any emergency care plans

### SUPERVISION

- Maintain a high adult-to-participant ratio, depending on the groups needs
- Use coaches or volunteers with experience or training in disability inclusion
- Coordinator/Coaches aware of nearest defibrillator
- Record accidents/incidents

### EQUIPMENT

- Use modified equipment
- Ensure equipment is safe to use
- Ensure helmets are worn when necessary
- Ensure gum shields for football activities

### ENVIRONMENT

- Ensure safe, accessible and familiar surroundings
- Ensure pitch is clear (enclosed if possible)
- Designate a quiet/break area
- Traffic management system in place
- Toilet system in place
- Signage around venue