



GLOSSARY FOR YOUR GAELIC GAMES ALL STARS PROGRAMME



Term	Visual/Icon	Child friendly definition	Coaching note
Warm Up		Getting our bodies ready to move	Songs or routines for predictability
Skill		A move we practice like kicking or catching	Break it down, small repeatable steps
Drill		A fun way to practice a skill	Short and simple
Pass		Giving the ball to someone else	Encourage using names and pointing
Kick		Using our foot to move the ball	Use targets
Catch		Using our hands to capture the ball	Demonstrate slowly
Goal		Where we try to score!	Praise effort as much as success
Try your best		Give it a go and keep trying	Use stickers/visual praise
Take a break		Sit down and take a break or space if you need	Designate a quiet area
Line up		Stand in a straight line behind one another	Use spots or cones as a guide
Coach		Helps you learn and have fun	Build trust and familiarity
Buddy		A helper or friend who stays with you	Use peer support carefully and kindly

All examples are guides only; tailor your approach to each player.