

Asthma Society Of Ireland



We are the national representative body for the 450,000 people with asthma in Ireland. Operating for over 50 years as a not-for-profit organisation, our vision is that everyone with asthma in Ireland can live a full life, symptom-free.

We offer a wide range of resources and supports to assist individuals and groups who have asthma while also increasing the general awareness of asthma in Ireland.

FREE Asthma Adviceline

This is a free callback service. After an initial call, we will arrange an appointment with one of our nurses or our physiotherapist at a time that suits you. The service operates 9am-5pm Monday-Friday.



Our team offer advice and support about the following:

- My asthma – the basics
- Childhood asthma
- Knowing what to do in an asthma emergency
- Asthma and allergic rhinitis (hay fever)
- Asthma in schools
- Asthma and exercise
- Asthma and pregnancy
- After GP/consultant visit



Adviceline
1800 44 54 64

WhatsApp Nurse Messaging Service

This is a free text-based service, which allows you to message an asthma nurse at your convenience. Once you send your first message, you will receive an initial automated response and one of our nurses will follow up within 72 hours.

Our nurses can answer any queries this way and send links, videos and infographics related to your query directly to your phone.



WhatsApp
086 059 0132

IMPORTANT: Please note that these services are not emergency services. In the case of an asthma attack or if you are in need of urgent care, call 112 or 999 immediately.

Patient E-referral

Our e-referral platform is available on our website and allows healthcare professionals across Ireland refer patients or carers to our Asthma Adviceline.

With patient consent, a simple form collects contact details, allowing our team to arrange an appointment with a nurse or physiotherapist.

Patients can also self-refer.

[Patient e-referral](#)

Free Webinars



We host regular webinars with a panel of expert speakers that have an interest in asthma. It is a unique opportunity to listen to specialists on topics around asthma and to ask related questions.

All our webinar recordings are available on our website afterwards.

[Webinar Recordings](#)

Resources



Our resources encompass a variety of materials to help you achieve and maintain control of your asthma. These can all be found on asthma.ie.

Resources include:

- Information booklets
- Infographics
- Inhaler technique videos
- Asthma Action Plans
- Webinar recordings
- Resources for schools and parents

[Link to Resources](#)

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