



HOW TO COACH

BUILD RAPPORT



1. SHOW INTEREST IN AND RESPECT FOR EACH PARTICIPANT AND OTHERS
2. SMILE AND MAKE EYE CONTACT WITH EACH PARTICIPANT
3. LEARN AND USE PARTICIPANTS NAMES

EXPLAIN



1. PLAN WHAT TO SAY
2. GAIN ATTENTION BEFORE STARTING
3. KEEP THE MESSAGE SIMPLE

DEMONSTRATE

1. POSITION SO ALL CAN SEE AND HEAR
2. PROVIDE CORRECT DEMONSTRATION THEN FOCUS ATTENTION ON 1-3 KEY POINTS
3. PROVIDE DEMONSTRATION MORE THAN ONCE FROM DIFFERENT ANGLES



OBSERVE

1. ONE POINT AT A TIME: HEAD, HANDS (CHURL) AND FEET
2. OBSERVE EACH PARTICIPANT FROM DIFFERENT ANGLES
3. OBSERVE EACH PARTICIPANT SEVERAL TIMES

SCAN-HERE!

