

# 2024 COACHING Conference

SATURDAY 23<sup>RD</sup> NOVEMBER  
CROKE PARK

# COACHING FOR THE FUTURE



Gaelic Games  
**COACH  
PATHWAY**

Gaelic Games  
**PLAYER  
PATHWAY**

# In-Game Coaching & Community of Practice Offerings

Liam Moggan  
Will Harmon  
Roger Keenan  
Emma Byrne



# Gaelic Games **COACH LEARNING SPACE**

LEARNING IS PERSONAL

LEARNING IS EMOTIONAL



LEARNING IS SOCIAL

LEARNING IS MESSY

- FORMAL LEARNING
- NON-FORMAL LEARNING
- INFORMAL LEARNING

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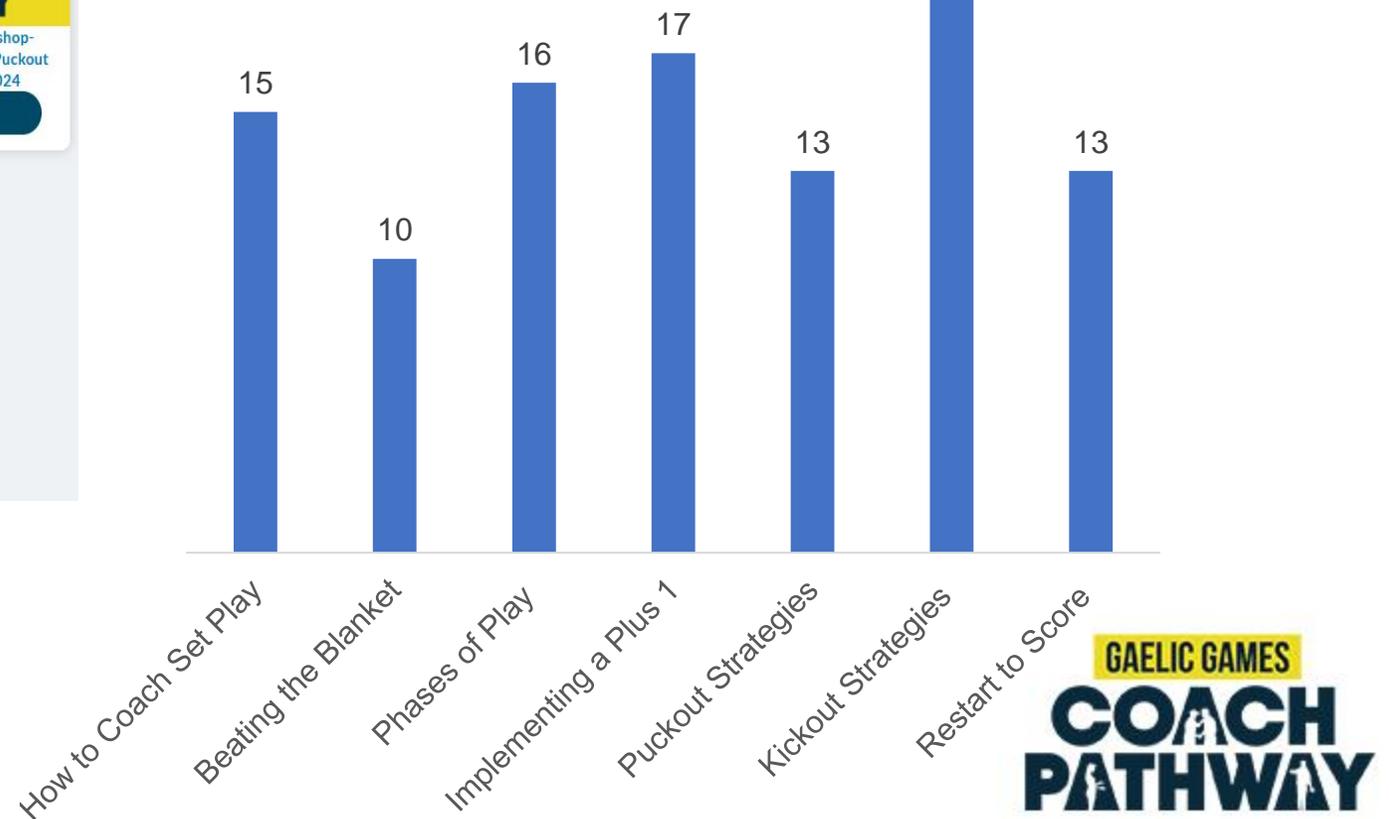


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- Coaches having challenges implementing tactics?

<b>Restart to Score</b> GAELIC GAMES <b>COACH PATHWAY</b> In-Game Coaching Workshop- Restart to Score 4th July 2024 <a href="#">See Course Details</a>	<b>Coaching a Set Play</b> GAELIC GAMES <b>COACH PATHWAY</b> In-Game Coaching Workshop-How to Coach a Set Play 2024 <a href="#">See Course Details</a>	<b>Coaching Kickout Strategies</b> GAELIC GAMES <b>COACH PATHWAY</b> In-Game Coaching Workshop- Implementing and Coaching Kickout Strategies 17th June 2024 <a href="#">See Course Details</a>	<b>Coaching Puckout Strategies</b> GAELIC GAMES <b>COACH PATHWAY</b> In-Game Coaching Workshop- Implementing & Coaching Puckout Strategies 10th June 2024 <a href="#">See Course Details</a>
<b>Implementing a Plus 1</b> GAELIC GAMES <b>COACH PATHWAY</b> In-Game Coaching Workshop- Implementing a Plus 1 29th May 2024 <a href="#">See Course Details</a>	<b>Beating the Blanket</b> GAELIC GAMES <b>COACH PATHWAY</b> In-Game Coaching Workshop- Beating the Blanket 20th May 2024 <a href="#">See Course Details</a>	<b>Developing &amp; Designing Phases of Play</b> GAELIC GAMES <b>COACH PATHWAY</b> In-Game Coaching Workshop- Developing and Designing Phases of Play 27th May 2024 <a href="#">See Course Details</a>	

In-Game Coaching Workshops 2024  
(106 coaches to date)



# 2024 COACHING Conference

## IN-GAME COACHING WORKSHOPS DEVELOPMENT TEAM



DELIVERED BY EXPERIENCED COACH DEVELOPERS & COACHES

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“Brilliant workshop, excellent format. Would like to see more available in the midlands”

"Group discussions and questions that facilitators posed and got me thinking how I would solve them. Loved the variety of aids that we could use, simple from cones, tactic boards, white boards etc"

“The interaction, the visuals, the props, listening to the thoughts, suggestions and ideas from the other participants as well as the promptings of the presenters. Feeling ideas solidifying in my brain”

“I thought this was an amazing workshop - the quality of the speakers, their knowledge of the game, the levels they have played at, coached, and refereed was truly inspiring”

“An excellent session. I found in the past that signing up for Award Courses meant a commitment to attend on too many days over a long period. Most of the time these courses times and dates clashed with game day (sat morning or afternoon). This meant that I would start a course but never finish one. The difference in the attached set of workshops meant I could choose the date and the topic that suited or was most relevant for what I was trying to coach with the team. I sincerely hope that more of these coaching workshops will be rolled out over the next while. It is a super initiative. A big thanks to all the team that made this happen”

“The way it was structured. It made me think for myself. Usually workshops are lecture style or alot of showing. I had to do alot of thinking and present my thoughts to others”

“I was actually quite surprised at how many juvenile coaches were present. I think it is an incitement on adult club coaches that there wasn't more present and looking to learn”

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## New In Game Workshops “A real game changer”

Who, What & How?

### The Who & the How

- F3 (Youth & Adult) Coaches
- In-Game Coaching Workshops on specific patterns of play
- 3 Hour workshops
- Classroom to pitch
- Workshops limited to 16 places

### The Workshops

- Restart to score(shot)
- How to beat the blanket
- Implementing a Plus 1
- Implementing a Puck Out Strategy
- Implementing a kick out strategy

P.S. New Rules will bring endless new patterns

For the day when one of these attacking moves might be needed to unlock a door...

Thinking players can play the games as they see it **BUT** Practised kickouts unlock doors amidst the chaos



Down to business.....

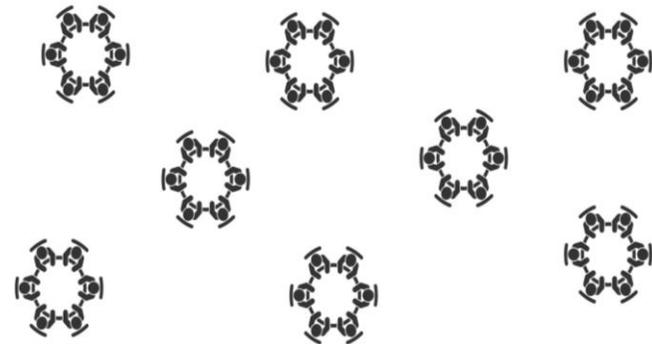
Group Task 1:

Take a few minutes to bring a specific kickout to life on your board.

Use 15 magnets. No opposition needed.



Group sharing video!!



**T**  
**A**  
**C**  
**O**  
**S**

Who or where is your target?

Who will assist and where?

Who will cover and where?

How will you open the pitch ahead?

How will you start this kickout?

Back to the board....

Apply the TACOS acronym to a range of different kickouts.

It may help with detail and progression.



**COACH**  
**PATHWAY**

## **New Rules will bring changing patterns!! “A real game changer??”**

- Strategies to maximise the advantage of 3 players up fronts
- Strategies to defend against 3 offensive players
- Strategies to use the pivot as a long-range shooter
- Strategies to maximise restart retention given the options available
- Strategies to maximise goal opportunities

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## What is next?

PANELS/ KEYNOTE HOGAN SUITE	11.40	#1 Evolution of Gaelic Football   Rule Enhancements	Jim Gavin, James Horan, Colm Nally	<b>NOTE:</b> <b>LUNCH SERVED</b> <b>IN CANAL SUITE</b> <b>BETWEEN</b> <b>11.45 - 13.45</b>
	12.25	#2 The Future of our Clubs & Counties   Demographic Insights	Dr Peter Horgan	
	12.45	#3 Coaching for the Future Keeping Players in the game	Dr Debbie Sayers, Dr Ed Coughlan & Sergio Lara-Bercial	
	13.25	#4 Coaching for the Future   Hurling Evolution	Neil Mc Manus, Niall Corcoran	