

GAELIC GAMES
COACH
PATHWAY

F3 YOUTH

"I coach players aged 12-18 years old"



BEING AN F3 GO YOUTH COACH
CLICK HERE TO LEARN MORE



AWARD 1



LEVEL 1



LEVEL 1

INTRODUCTION TO COACHING GAELIC GAMES



STAGE INTRODUCTION



STAGE SUMMARY CARD



ONE GOOD COACH



ACTIVITY PLANNER



SPORTS SCIENCE EXPLAINERS



WHAT IS A COACHING PHILOSOPHY



REFLECTIVE TOOLS FOR COACHES



CREATING A VISION & STRATEGY



GROWTH & MATURATION INTRO.



HURLING/ CAMOGIE DEMONSTRATION



GAELIC FOOTBALL DEMONSTRATION

