

2024 COACHING Conference

SATURDAY 23RD NOVEMBER
CROKE PARK

COACHING FOR THE FUTURE



Gaelic Games
**COACH
PATHWAY**

Gaelic Games
**PLAYER
PATHWAY**

Creating a Culture for Participation and Performance in Post Primary Schools

Thurles CBS

Niall Cahill
Oliver Kelly



INTRODUCTION

- Thurles CBS - Our Context
- Culture
- Structures
- School Management
- Issues & Solutions
- Summary
- Questions

OUR SCHOOL

- Location
- School population currently 560 pupils – all boys
- Approx 100 students per year
- Multi sports school (Gaelic Football, Soccer, Basketball, Athletics, Rugby, Badminton)
- Approx 20 clubs feeding into us from all Tipperary & North Kilkenny
- Approx 1/3 of all Tipperary hurling panels
- Very strong club base
- Surrounded by competitive A schools

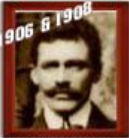




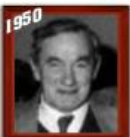









Thurles CBS had 40 subs on sideline for Harty Cup thriller and every one of them worth their place

SCHOOL CULTURE

All-Ireland winning Captains WHO ATTENDED THURLES C.B.S.

 1906 & 1908 TOM SEMPLE (Thurles Sarsfields)	 1930 JOHN JOE CALLAHAN (Thurles Sarsfields)	 1937 JIM LANIGAN (Thurles Sarsfields)
 1945 JOHN MAHER (Thurles Sarsfields)	 1949 PAT STAKELUM (Holycross-Ballycahill)	
 1950 SEAN KENNY (Borrisoleigh)	 1951 JIMMY FINN (Borrisoleigh)	 1958 TONY WALL (Thurles Sarsfields)
 1962 & 1965 JIMMY DOYLE (Thurles Sarsfields)	 1964 MICK MURPHY (Thurles Sarsfields)	 1991 DECLAN CARR (Holycross-Ballycahill)

Thurles C.B.S. All - Stars Bicentennial Team 2016



Competition Structures & Organisational Bodies

- Tipperary PPS
- Munster PPS
- Rice Cup – CBS & ERST Schools in Munster & Leinster
- Tipperary County Board & Tipperary Games Development
- Network of schools

STRUCTURE

- 1st year class league
- 4 classes 2024



- 1st year hurling – 3 or 4 teams



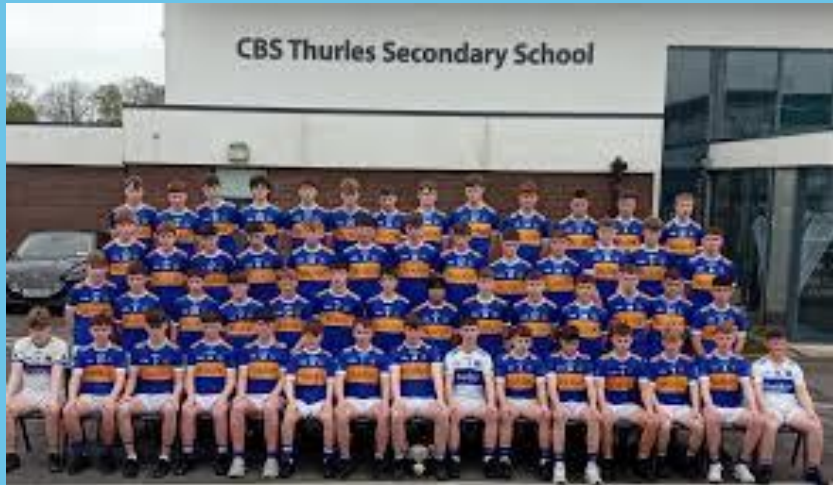
STRUCTURE

- Rice Cup U14 Munster & Leinster – 3 or 4 teams
- Croke Cup U15 county hurling – 2 or 3 teams
- White Cup U15 Munster hurling



STRUCTURE

- Dean Ryan U17 Munster hurling
- Fitzgerald Cup U17 county hurling – 3 or 4 teams
- Harty Cup Munster U19 hurling
- Harty B team U19 Competitions



TRAINING SCHEDULE PER GROUP

- Training all year round
- Hurling Area
- Astroturf
- S&C program
- Playing pitch off site & local fields



STAFF & GAA COACHES

- Mentoring system
- Informal coaching meetings
- Support from Tipperary Games & Development
- Occasionally an outside coach
- Coach Education

SUPPORT GROUP

- Communication between Stakeholders- School / Clubs / County
- WhatsApp Group, general info
- Fixture lists
- PR – Social Media
- Club rep or contact point
- Games Development Officer

PROMOTING THE SCHOOL – OUR BRAND

- Participation and performance
- Fun Run and Promotional Jersey
- Photographer
- PR – Social Media
- Print Media
- GAA Future Leaders

S&C PROGRAM



New Gym



Professional S&C
coaches



Access to
Development
Squad programme



Opportunities at
various stages

SCHOOL MANAGEMENT

- Cooperation and flexibility from staff
- Try be mindful of days chosen to avoid missing exam classes or busy days
- Long term planner in staffroom
- For some of the games a PME teacher might travel as the second teacher
- Student Expectations – Sporting & Academic
- Parental Expectations – Sporting & Academic
- Pitch & Gym Booking System
- Use of local club facilities

FINANCIAL ISSUES

- Bus costs – Charge €5 per trip in the last few years
- Organise Fun Run to help offset costs of buses
- Students contribute to cover the cost of S&C
- Support of Board of Management

SOLUTIONS TO SOME OF OUR PROBLEMS

- Tipperary PPS
- Chairperson
- Opportunities for developing new competitions

- Like minded schools organizing blitzes

- Rice Cup (30 schools)
- Secretary
- Opportunities for developing new competitions

Rice Cup



- Rice Cup – A Competition - 1944
- CBS or Former CBS schools
- Currently 28 schools competing from Munster & Leinster
- Westcourt Cup – B Competition – 1989
- Rice Shield - 2012
- Br O'Connell Shield - 2024



Performance

- 18 Munster A titles in past 20 years
- Tipperary competitions
- Intercounty Players
- Club Players
- Coaches

Participation

- Multiple teams at all ages
- Panels for everyone
- Sports Administration and Support Teams (Stats, Camera, journalism, etc)
- Pride in wearing supporter's jerseys
- Supporters travelling to matches
- Coaches

Questions????



GAELIC GAMES
COACH
PATHWAY

GAA
WHERE WE ALL BELONG

LGFA
PEIL na mBAN

THE GAMOGIE ASSOCIATION
An Cumann Camógachta