

Gaelic Games

Community of Practice

COACH LEADER ORIENTATION



Coach Leader Orientation

This info will be distributed to Coach Leaders to help provide structure/ framework post orientation

Coach Developer Organises a 'Mock' CoP

- Coach Developer will act as Coach Leader
- Coach leaders will act as coaches.
- Coach Developer to set up a WhatsApp between the Coach leaders to outline process for the orientation as per above.

PART ONE

PRIOR to CCoP coach leader orientation:

- Coach Developer sends a text to group 7 days prior to orientation Session to:

Step 1

- Identify items/issues coaches like to discuss relevant to their current coaching context.
- When topics submitted, coach developer acting as a coach leader sends three topics to the group and the group rate 1-3 in order of what they would like to discuss at the CoP session (Orientation). *Please note, coach developer may not get through all topics in a CoP session.*

Step 2

- Coach developer sends a text to group **3** days prior to orientation/CoP Session to:
 - **Confirm order of discussion** in advance of the orientation
 - Provide a **Catalyst** for coaches to think about prior to the Orientation- Coach developer will send an article, video, something topical at the time.

PART TWO

DURING the orientation:

- Coach developer commences session by having a quick chat on the catalyst - (10mins max.)

Discussion develops via questioning.

- Coach developer commences asking open questions re discussion topics as per order agreed.
 - **Explore the topic more** – Coaches gives context around their coaching issue and coaches discuss the issue.
 - **Find solutions on topics discussed.**
 - **Agree action plan to topics discussed.**

(Note – from second CoP onwards, an evaluation of solutions of previous CoP will be included after catalyst)

PART THREE

AFTER the CCCoP orientation discussion:

- Coach developer discusses / reflects on strategies used to facilitate the CCCoP from:
 - Selecting the topics or coaching/organisational issues
 - Agreeing rate of order
 - **Catalyst** – how build up a bank of resources? Important this is part of all coach CoP Sessions!
 - **Session structure**
 - **Issues / Solutions / Action plan**
 - Importance of asking right questions – **Leads onto section two of orientation.**

Use of Questioning

Coach Developer outlines Importance of asking right questions at CoP sessions!!!

Facilitating Discussion

- Assisting coach leaders re how to ask right questions to promote discussion or ensure everyone is involved in the session.

Introduction – Catalyst

- **Let us discuss / Let me start / Let us begin** with the article, video, quote etc. that I sent to you prior to the meeting.
- What are your thoughts? Do you agree with it? Tell me how it may be relevant to you as a coach?

Main Body of the CoP - Three main headings for CoP?

- What are the issues in your current coaching? Or could be something good you like to chat about or like to improve?
- What are the potential solutions?
- What is the action Plan?

ISSUES conversation starters...

- Can I suggest the following order of conversation?
- What is the topic?
 - Why is this topic important to you at this point?
 - What would you like to discuss regarding your topic?
- What is challenging about your topic?

SOLUTIONS conversations starters...

- What have you tried? What worked? What didn't work?
- What are your thoughts on the topic just shared by x?
 - How can we assist x with solving, improving or enhancing the situation?
 - How can we help you progress?
- Who else could we seek help from?
 - What other options do we have to achieve this?
- What could be potential barriers to you achieving this?

ACTION PLAN conversation starters...

- What are we agreeing that this is best course of action?
 - What are you going to do as a result of this conversation?

Evaluation (only applies from CoP session two onwards)

- Tell me, how did everyone get on since we last spoke re actions agreed?
 - **Agree Logistics**
 - **Agree how will coach developer liaise with coach leaders outside structured sessions?**
 - Group via WhatsApp?
 - Individually?
 - **Agree Dates for coach leader CoP**
 - Important Coach leaders meet between coaches CoP sessions to identify key learning moments and plan for next coaches CoP sessions based on learnings.