



IDENTIFY:

GROW YOUR CLUB OR COUNTY COLOURS

Plant a pollinator-friendly bed in your club colours. A bed of Rubdeckia, a pollinator-friendly perennial, could be a good option for Roger Casements GAA, Co. Antrim, or a Killkenny club, for example.

Examples of pollinator-friendly perennials:

BLUE

Catmint
(Nepeta species)

Bellflowers
(Campanula species)

Comfrey
(Symphytum 'Hidcote Blue')

Globe Thistle
(Echinops species)

Viper's Bugloss
(Echium vulgare)



WHITE

Perennial Candytuft
(Iberis sempervirens)

Perennial Phlox
(Phlox paniculate)

Common Star of Bethlehem
(Ornithogalum umbellatum)

Baneberry
(Actaea japonica)

Sweet Alyssum
(Lobularia maritima)





GREEN

Spurge
(Euphorbia species)

Green hellebore
(Helleborus viridis)

Common asparagus
(Asparagus officinalis)

Fennel
(Foeniculum vulgare)

Stipa 'Ponytails'
(Stipa tenuissima): grass to provide structure



PURPLE

Lavender
(Lavandula species)

Wallflower 'Bowles's Mauve'
(Erysimum 'Bowles's Mauve')

Lamb's Ear
(Stachys byzantine)

Lungwort
(Pulmonaria species)

Michaelmas daisy
(Aster 'Little Carlow')



YELLOW

Yellow Wallflower
(Erysium 'Bredon')

Goldenrod
(Solidago species)

Coneflower (Rudbeckia species)

Tickseed
(Coreopsis species)

Mullein
(Verbascum species)



RED

Oriental Poppy
(Papaver orientale)

Helen's Flower
(Helenium species)

Dahlias
('Bishop of Llandaff')

Coneflower
(Echinacea purpurea)

Gladiolus Variety
(Gladiolus species)

