

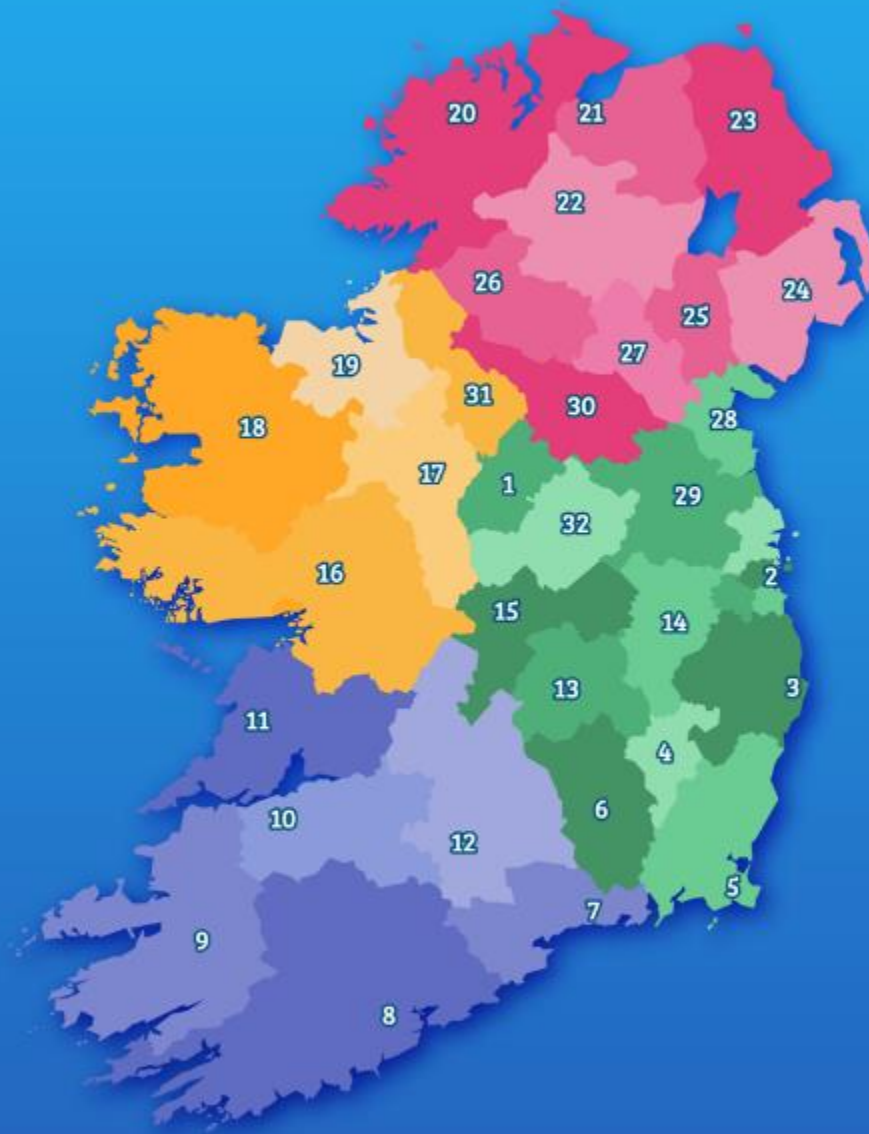
MY LIST

A globe of the Earth is the central focus, showing the Americas and parts of Europe and Africa. The globe is slightly tilted and has a soft glow. The background is a blurred indoor setting with a white wall and a wooden floor. The text 'MY LIST' is at the top, and a bulleted list is on the left side.

- Family
- Work
- Endurance Sports
- Contribution
- Health



32 MARATHONS IN 32 CONSECUTIVE DAYS



- | | |
|----------------|-----------|
| Marathon No 1 | Longford |
| Marathon No 2 | Dublin |
| Marathon No 3 | Wicklow |
| Marathon No 4 | Carlow |
| Marathon No 5 | Wexford |
| Marathon No 6 | Kilkenny |
| Marathon No 7 | Waterford |
| Marathon No 8 | Cork |
| Marathon No 9 | Kerry |
| Marathon No 10 | Limerick |
| Marathon No 11 | Clare |
| Marathon No 12 | Tipperary |
| Marathon No 13 | Laois |
| Marathon No 14 | Kildare |
| Marathon No 15 | Offaly |
| Marathon No 16 | Galway |
| Marathon No 17 | Roscommon |
| Marathon No 18 | Mayo |
| Marathon No 19 | Sligo |
| Marathon No 20 | Donegal |
| Marathon No 21 | Derry |
| Marathon No 22 | Tyrone |
| Marathon No 23 | Antrim |
| Marathon No 24 | Down |
| Marathon No 25 | Armagh |
| Marathon No 26 | Fermanagh |
| Marathon No 27 | Monaghan |
| Marathon No 28 | Louth |
| Marathon No 29 | Meath |
| Marathon No 30 | Cavan |
| Marathon No 31 | Leitrim |
| Marathon No 32 | Westmeath |



VALUES

Community Identity

Amateur Status

Inclusiveness

Respect

Player Welfare

**Teamwork and
Volunteerism**

OUR PURPOSE AND VALUES

OUR VALUES

COMMUNITY IDENTITY

- Community and Club is at the heart of our Association
- Everything we do helps to enrich the communities we serve
- We foster a clear sense of identity and place
- We support our members in contributing to the well-being of their respective communities

AMATEUR STATUS

- All our players and members participate in our games as amateurs
- We provide a games programme at all levels to meet the needs of all our players
- We safeguard our position as the leading amateur games organisation in the world

INCLUSIVENESS

- We welcome everybody to be part of our Association
- We are open to diverse opinions and cultures while respecting our Irish heritage and language
- We cater for all abilities

RESPECT

- We respect each other on and off the playing field
- We operate with integrity
- We listen to and respect the views of all

PLAYER WELFARE

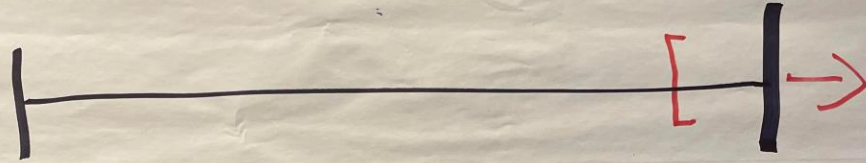
- We provide the best playing experience for all our players
- We structure our games to allow players of all abilities to enjoy our sports and reach their potential
- As with our players, we value the welfare and wellbeing of all our members

TEAMWORK AND VOLUNTEERISM

- We are a volunteer-led and democratic organisation
- We flourish through the voluntary efforts of our membership
- Our voluntary ethos inspires the engagement of members in the broader community
- The cornerstone of our Association and sustainability is effective teamwork on and off the field.
- We celebrate and support the contributions of our volunteers and employees

1884

2024



2000

2050



2000

2100





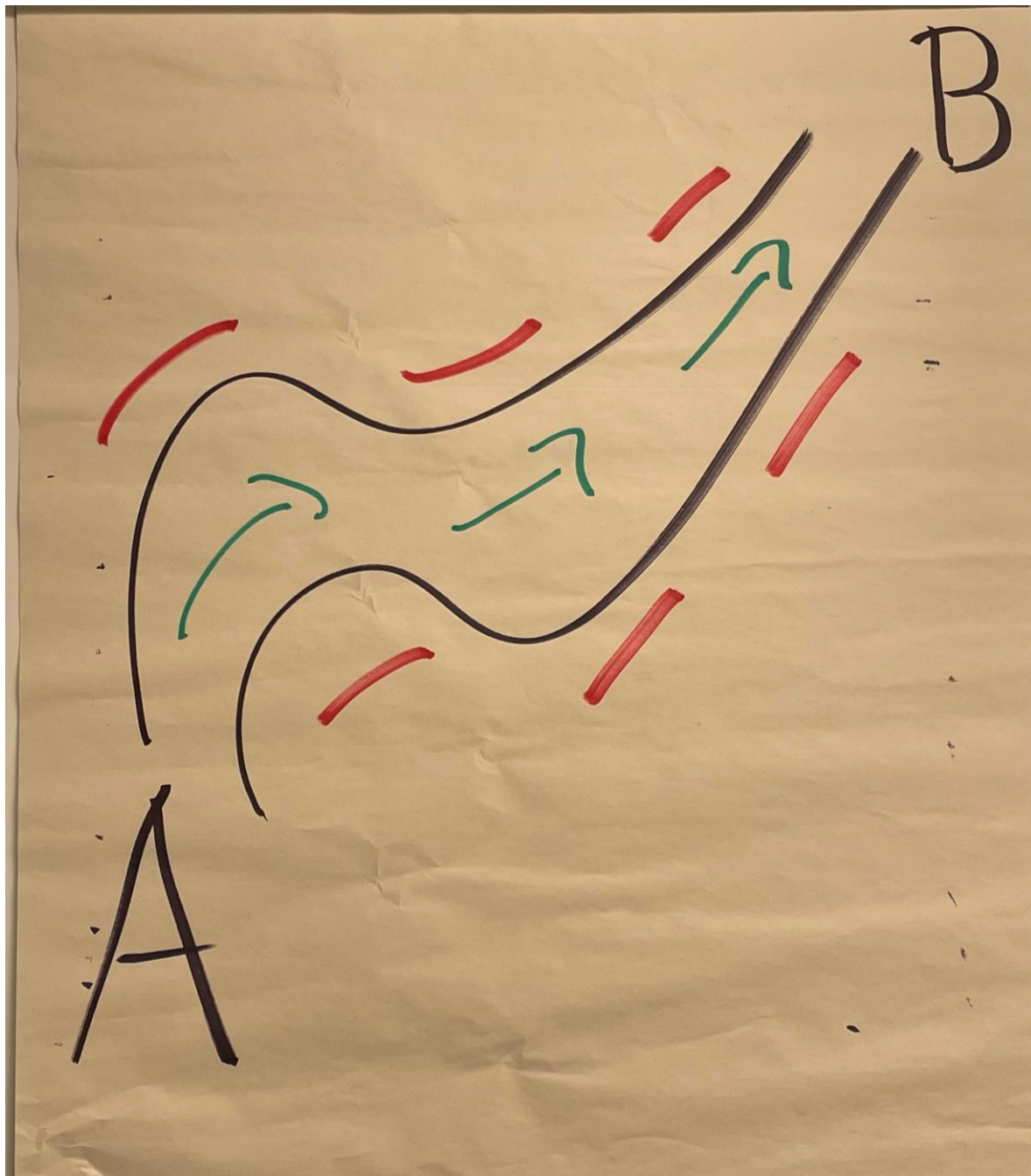
QUESTION

HOW COULD YOU BRING THIS VALUE EVEN MORE
ALIVE

1. IN YOUR ROLE

2. AMONG THE PEOPLE YOU WORK WITH?





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