



BADMINTON FLIPCHARTS

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CD Community Event Day

Resources:

Badminton Ireland Shuttle Time Programme – Mobile App

Apple : <https://apps.apple.com/gb/app/bwf-shuttle-time/id1072937947>

Android: <https://play.google.com/store/apps/details?id=org.bwf.shuttletime.android&hl=en>

- [Lesson Plans – BWF Shuttle Time \(bwfbadminton.com\)](http://bwfbadminton.com)

**SHUTTLE
TIME**

Reflection-in-action

What is going well?

What are the players learning?

How would you progress/regress/what are you doing?

How do you increase participation?

How can you challenge players?

How would you turn that into a game?

How would you make it harder/easier?

Would the same strategy work on a different opponent?

Reflection-on-action

- What did you enjoy?
- What would you do differently?
- When might you do it differently?
- What went well?
- What was enjoyable about it?
- What did you learn?
- What will you do now?

