



Healthy Club Officer

Last revised - December 2022



WHERE WE
ALL BELONG

INVESTING IN LEADERS, INVESTING IN YOU.

ROLE DESCRIPTION

The role of the Healthy Club Officer (HCO) is to promote and support health & wellbeing across aspects of the club and community.

Officers are appointed rather than elected and will be supported in their work by their Healthy Club Team, the Club Executive, and their County Health & Wellbeing Committee. However, everyone has a role to play in supporting a Healthy Club, from players and coaches to parents and volunteers.

Training, policies, programmes, partnerships, and resources specific to the HCO role are available (see www.gaa.ie/community for more details).

REPORTS / ACCOUNTABLE TO:

Club Executive Committee.

RESPONSIBILITIES:

- Attend Healthy Club Officer Training (delivered online twice a year by GAA Community & health Team) and promote to other Healthy Club team members
- Prepare club to enter the Healthy Club Programme by working towards the Foundation Level steps and adopting the relevant policies – (clubs not yet officially participating in the programme)
- With support from the Healthy Club team, work towards completing and documenting the desired level of accreditation (Foundation, Silver, and Gold Healthy Club Award). Important to note: only clubs participating in the official Healthy Club Programme can gain accreditation.
- The requirements for each level are outlined www.gaa.ie/community
- Utilise the GAA Healthy Club Manual and Community & Health Department website as a basis of guidance for useful resources, information, and club case studies
- Attend club executive meetings and/or regularly report on activities
- The Healthy Club Officer WILL NOT BE required to provide direct services or support to members but may help signpost to appropriate services available from local/national agencies and/or voluntary groups

SKILLS REQUIRED:

- Good communication and interpersonal and organisational skills
- Have experience of Committee involvement and working with people
- Computer literacy is essential
- Ability to work with other club officers (Children's/Coaching Officer) and the Executive.

- Have a genuine interest and knowledge in the Association and interest in health and wellbeing.
- Good standing in the community and the ability to deal discretely with potentially sensitive issues.
- Willingness to attend training as provided by the GAA or its partners

KNOWLEDGE:

- Working knowledge of and interest in the areas of Health and Wellbeing.
- Up to date knowledge of local services that can help support H&W in the club and local community (including statutory and voluntary organisation)
- Have sound knowledge of the Association's rules and procedures

OTHER REQUIREMENTS:

- The Healthy Club Officer should be appointed for a minimum of two years to allow adequate time to develop and embed the role
- Creating a Healthy Club project team is recommended to allow interested club members/volunteers the opportunity to contribute and get involved
- Interested clubs should seek additional support and recognition by participating in the Healthy Clubs project (recruitment occurs every two years in Oct / Nov).

ADDITIONAL INFORMATION AND SUPPORT:

- Training for Healthy Club Officers and project team members will be delivered online twice yearly by the GAA Community & Health Team.
- The requirements for Foundation Level, Silver & Gold Healthy Club Awards can be found via www.gaa.ie/community
- Email brid.odwyer@gaa.ie for more information