

### LEVEL 3

# CATCHING & PASSING - PIGGY IN THE MIDDLE

— HURLING / FOOTBALL



This exercise to develop catching & passing skills challenges the players to work in a group

#### Organisation

- The players spread out around the playing area
- One player is designated the 'piggy in the middle'
- The other players pass the ball around attempting to keep it away from the 'piggy in the middle'
- If the ball is dropped or intercepted the player who missed the catch or attempted the pass becomes the new 'piggy in the middle'

#### Key Points

- Ensure the players have enough room to perform the exercise safely

#### Equipment

#### Notes

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- An inventory of equipment to support Have a Ball exercises is available in the Resources section