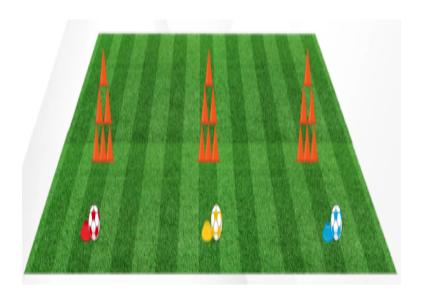




LEVEL 2 KNOCK THE CONES HURLING / FOOTBALL / HANDBALL / ROUNDERS





EQUIPMENT LIST

Cones
Football
Markers
Sliotar

Knock the Cones

Organisation

- Set up game as shown
- Set up a large number of tall cones
- Make out a line of small cones 10-15m on each side of the tall cones
- Set up area as shown
- Make out a line of small cones on each side of the tall cones
- Players attempt to kick/throw a ball and aim to knock down the large cones

Use STEPR to adapt and progress activity

Space, Time/Task, Equipment, People, Rules

Notes			