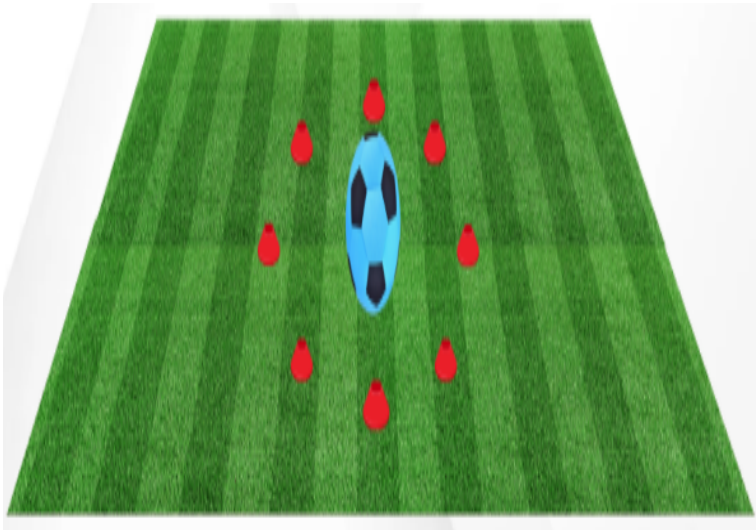


LEVEL 2

KEEPIE UPPIES

HURLING / FOOTBALL / HANDBALL / ROUNDBALLS



EQUIPMENT LIST



Football

Keepie Uppies

Organisation

- Set up game as shown
- Players form a circle with one large soft ball
- The aim of the game is to keep the ball in the air for as long as possible Try ensure all players get touches of the ball

Use STEPR to adapt and progress activity

Space, Time/Task, Equipment, People, Rules

Notes

[illegible]