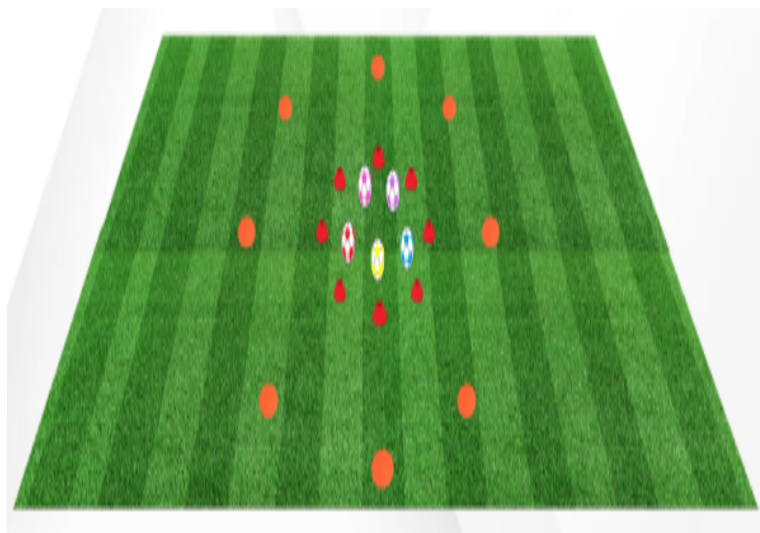


LEVEL 2

CLEAR THE CIRCLE

HURLING / FOOTBALL / HANDBALL / ROUNDEERS



EQUIPMENT LIST



Cones



Football

Clear the Circle

Organisation

- Set up area as shown
- Place a circle of cones in middle of playing area with various balls inside
- Place half players inside the circle who are required to clear the circle of all balls
- Place the other half of players outside the circle who are required to ensure that all balls are returned to the circle
- Option to introduce skills like solo, bounce, throw/handpass if appropriate to skill level

Use STEPR to adapt and progress activity**Space, Time/Task, Equipment, People, Rules**

Notes
