LEVEL 2
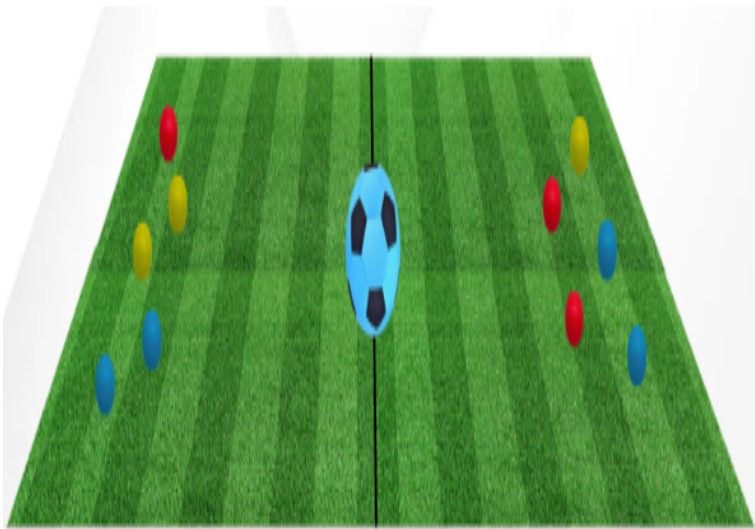# BOULDER BOWLING
HURLING / FOOTBALL / HANDBALL / ROUNDERS

EQUIPMENT LIST

▲ Cones

⚫ Football

⬤ Markers

Boulder Bowling

Organisation

- Set up area as shown
- Divide the group into two teams with one either side of the grid
- Place a large ball in the middle of the area
- Players from both sides throw their small balls in an attempt to move the large ball to the end of the other teams grid

Use STEPR to adapt and progress activity

Space, Time/Task, Equipment, People, Rules

Notes