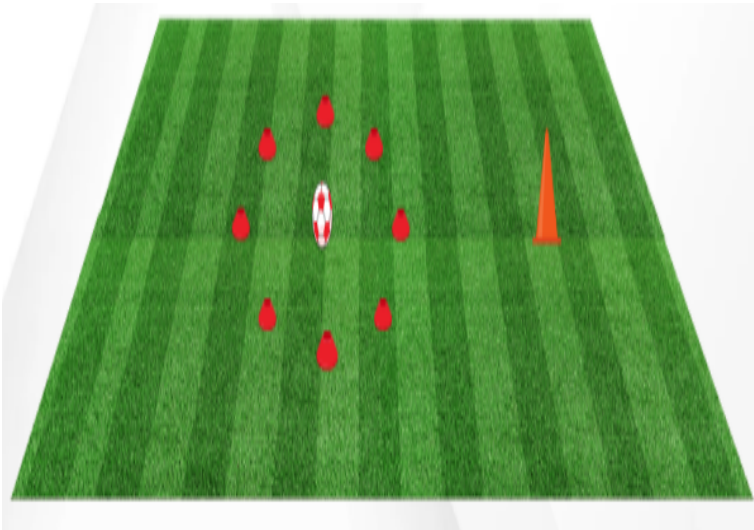


LEVEL 2

BEAT THE CIRCLE

HURLING / FOOTBALL / HANDBALL / ROUNDEERS



EQUIPMENT LIST



Cones



Football



Sliotar

Beat the Circle

Organisation

- Set up area as shown
- Split the players into two teams
- Team one form a circle
- Team two stands in a line behind designated cone
- On coach's call/signal, team one passes the ball around the circle to each player.
- Meanwhile, the first player in team two runs around the circle, attempting to complete a home run before the ball returns to starting player. Point awarded to whichever team wins. After every player from team two has attempted a home run, swap roles with team one

Use STEPR to adapt and progress activity

Space, Time/Task, Equipment, People, Rules

Notes

[illegible]