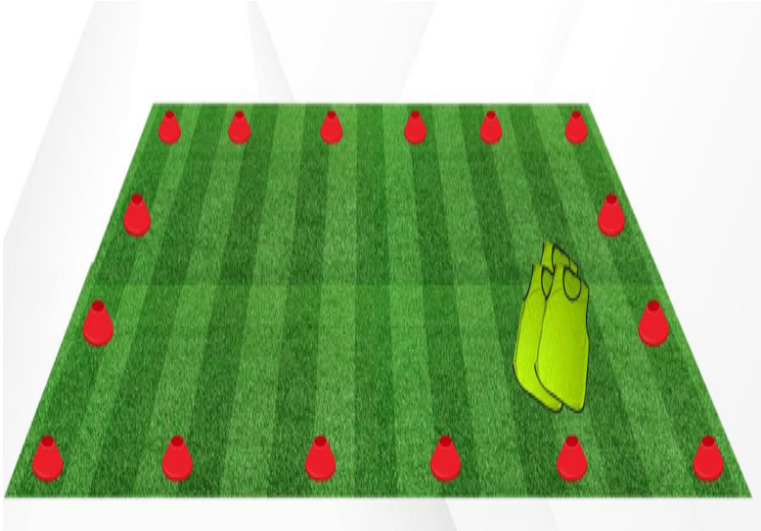
LEVEL 2

SAMPLE 2: BRIDGES AND RIVERS

HURLING / FOOTBALL / HANDBALL / ROUNDERS



EQUIPMENT LIST

Cones

Bridges and Rivers

Organisation

- Set up the area as shown
- Nominate two children to be on (bibs)
- Their aim is to catch the other children
- If caught, children must make the shape of a bridge
- Another child must crawl under the bridge to free them
- Rotate roles regularly

Use STEPR to adapt and progress activity

Space, Time/Task, Equipment, People, Rules

Notes