# Gàà

## LEVEL 3 KICKING- OVER THE RIVER FOOTBALL





### EQUIPMENT LIST



#### This is a fun game to develop kicking skills in groups

#### Organisation

- Divide the players into two groups; give each player has a set munber of 'lives'
- The players kick pass the ball over a centre zone, a net or guard
- If the ball drops in the centre zone the player who kicked it loses a life
- Use a soft or sponge ball when introducing players to this game

#### Key Points

• Ensure the players have enough room to move around safely

#### Equipment

• An inventory of equipment to support Have a Ball exercises is available in the Resources section

#### Notes