LEVEL 3

HIT THE CONES

HURLING

EQUIPMENT LIST

- Cones
- Sliotar

This Challenge Activity is designed to develop striking skills and develop an understanding of the tactics and strategies for use in modified game situations

Organisation

- Mark out grid 40m long by 20m wide
- Place a number of cones across the middle of the grid
- Divide the class into teams of three to five players, one or two balls per team

Task

- The children in possession attempt to strike the ball from the hand aiming to hit the cones in the middle of the grid
- For each successful strike, award one point

ALL TEACHERS PLEASE NOTE: IF PERFORMING ANY STRIKING ACTIVITY CHILDREN MUST WEAR HELMETS

Notes