

LEVEL 2

BEANBAG & HURLEY

HURLING



EQUIPMENT LIST



Beanbags



Markers

This Ball Sense Activity is designed to develop children's carrying and striking skills, develop problem solving and decision making strategies, and movement skills relevant to games

Organisation

- Make a lane using markers
- Place 3 small hurleys/wooden bats (max. 16 inches in length) on the ground by the first marker
- Line children up in groups of approx. 3 behind the first marker
- Each activity is conducted in a lane

Task**a) Carry and Toss Beanbag with Hurley**

- On the whistle, the first child in each line will walk or jog to the end of the lane, carrying the beanbag on the bas of the hurley
- The child will attempt to toss the beanbag into a basket
- The child picks the beanbag up with the non-dominant hand and places it back on the bas of the hurley and walks back
- The child hands the bean bag to the next child at the front of the line
- Repeat until each child has three turns

Notes

b) Beanbag Drop and Scoop

- The child at the front of each line picks the beanbag up with non-dominant hand and places the beanbag on the bas of the hurley
- On the whistle, the child runs to the end of the lane and slides the beanbag off the hurley on to a marker
- The child then runs backwards to halfway back the lane and stops
- They then run forward again and scoop up the beanbag with the non-dominant/"catching hand" underhand
- The child turns around, places the beanbag back on the bas of the hurley and
- runs back to the beginning
- The child hands it over to the next child at the top of the line
- Repeat until each child has three turns

Teaching Points

- With the 'hurley hand', each child grips hurley, pressing the thumb on the handle
- Point the hurley forward and the 'toe' of the hurley facing away from the body to the dominant side
- Keep the bas of the hurley flat
- Place the beanbag on the 'bas' of the hurley, keeping eyes on it