

**LEVEL 3**  
**HAND STRIKE: TARGET GAME**  
**HURLING**



**EQUIPMENT LIST**

---

	Cones
	Football

---

**This Challenge Activity is designed to develop children’s ball-handling skills, develop problem solving and decision making strategies, and movement skills relevant to games**

**Organisation**

- The children line up in groups
- One ball per group
- Set up cones as targets approximately 5m from each group

**Task**

- The children strike the ball to hit or knock a cone
- Use an open hand and fist on alternate goes

**Teaching Points**

- Place the feet side on to the target
- Face the non-striking shoulder to the target

Notes

---

---

---

---

---

---

---

---

---

---

---