LEVEL 3

# HAND STRIKE: TARGET GAME

## HURLING

### EQUIPMENT LIST

- Cones
- Football

**This Challenge Activity is designed to develop children's ball-handling skills, develop problem solving and decision making strategies, and movement skills relevant to games**

***Organisation***

- The children line up ingroups
- One ball per group
- Set up cones as targets approximately 5m from each group

***Task***

- The children strike the ball to hit or knock a cone
- Use an open hand and fist on alternate goes

***Teaching Points***

- Place the feet side on to thetarget
- Face the non-striking shoulderto the target

### Notes