

CLUB PLAYER WELFARE CHECKLIST

For guidelines and recommendations on these topics see <http://learning.gaa.ie/player>

| ITEM | ACTION | RESPONSIBILITY | TIMEFRAME | CHECK ✓ |
|-------------------|---|----------------|---|--------------------------|
| Defibrillators | <ul style="list-style-type: none"> Does the Club have AED units at all venues regularly used for training, matches and club events? | _____ | Annually | <input type="checkbox"/> |
| | <ul style="list-style-type: none"> Who is responsible for implementation of GAA Defib. Guidelines and arranging yearly service checks of AEDS? | _____ | Annually | <input type="checkbox"/> |
| | <ul style="list-style-type: none"> Are all AEDs working and accessible? Is the AED maintenance checklist used? | _____ | Weekly | <input type="checkbox"/> |
| | <ul style="list-style-type: none"> Has CPR/Defib Training been arranged for members? | _____ | Bi-Annually | <input type="checkbox"/> |
| | <ul style="list-style-type: none"> Is an ACT Poster on display prominently in the club house? | _____ | Weekly | <input type="checkbox"/> |
| | <ul style="list-style-type: none"> Are all members aware of the location of AED units? | _____ | Annually via e-mail and Regularly via Social Media etc | <input type="checkbox"/> |
| Cardiac Screening | <ul style="list-style-type: none"> Has cardiac screening information been circulated to members including the GAA's Cardiac Screening Questionnaire? | _____ | Annually via e-mail and Regularly via Social Media etc | <input type="checkbox"/> |
| | <ul style="list-style-type: none"> Has an optional cardiac screening opportunity been arranged for members? | _____ | Bi-Annually | <input type="checkbox"/> |
| Player Safety | <ul style="list-style-type: none"> Is First-Aid training provided on an annual basis for Team Mentors? | _____ | Annually | <input type="checkbox"/> |
| | <ul style="list-style-type: none"> Are adequate provisions made for each teams' activities? | _____ | Weekly | <input type="checkbox"/> |
| | <ul style="list-style-type: none"> Are all club members and team mentors reminded of the Mouthguard/Gumshield (Football) and Hurling Helmet (Hurling) regulations? | _____ | Annually via e-mail and Regularly via Social Media etc; | <input type="checkbox"/> |
| | <ul style="list-style-type: none"> If Hurling Helmets (Hurling) are purchased by the club are they ISS 355 Approved? | _____ | Annually | <input type="checkbox"/> |

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| GAA15 – Injury Prevention Warm-Up | <ul style="list-style-type: none"> • <i>Is the coaching officer or equivalent aware of GAA15?</i> • <i>Have all team mentors been notified of the resources available?</i> • <i>Has the executive committee promoted and adopted the GAA15 for all competitive teams in the club?</i> • <i>Have all members been notified of the GAA15 resources available?</i> | | Annually Annually Annually Annually via e-mail and Regularly via Social Media etc | <input type="checkbox"/> |
| Concussion | <ul style="list-style-type: none"> • <i>Who is responsible for Concussion education in your club?</i> • <i>Have all members been notified of the resources available in relation to concussion? (Guidelines and Information sheets etc;)</i> • <i>Have all team mentors completed the GAA's online e-learning course? Is this club policy?</i> • <i>Is a poster displayed prominently in the club house / dressing rooms?</i> | | Annually Annually via e-mail and Regularly via Social Media etc; Annually Weekly | <input type="checkbox"/> |
| Anti-Doping & Nutrition | <ul style="list-style-type: none"> • <i>Is it club policy that no player under 18 is advised to take supplements or provided with supplements?</i> • <i>Have all players been supplied best practice nutrition information and resources including, the GAA Supplements Information Sheet and the GAA's Anti-Doping e-learning course?</i> • <i>Does your club purchase/supply supplements to members or are they readily available to purchase through the club? If this is the case are these supplements batch tested? Are these supplements necessary?</i> | | Annually Annually Annually Reviewed | <input type="checkbox"/> |

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