

## Strand Unit: Paint And Colour The Spider Supporters

**Materials** – Pencil, paper, poster paints, paintbrush. MODUL

ш

Lots of people decorate their houses, streets and even their schools in order to show their support for their favourite team. Here is a painting idea showing how a group of spiders get carried away in order to support their team (Mayo). You can change the colours to show your own team.



1. Paint the background of the painting dark blue leaving a space for the banner.



2. Paint the banner in showing the colours of your team.



3. Carefully paint in a web linking the banner to the edge of the page and paint a message on the banner.



4. Now paint in the spiders happily hanging around showing their support.

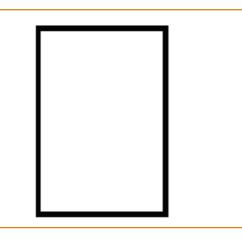


GAA Grassroots to National Programme (GNP)

### Strand Unit: Paint And Colour **Healthy Food Poster**

**Materials** – Pencil, paper, poster paints, paintbrush.

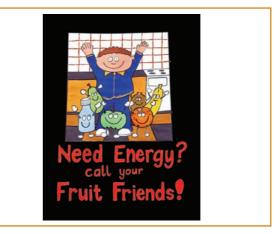
A healthy diet is very important for all people. It helps sports people to perform to the very best of their ability and keeps them on top of their game. It is very important that children are aware from a young age of the benefits of healthy food and that a healthy diet is encouraged. A poster with a slogan encouraging a healthy diet is very good for promoting this healthy eating awareness. Creating characters from healthy food items can be very popular.



- 1. Use a ruler to draw the frame of the picture and leave plenty of space for a slogan beneath.
- Need Energy? Fruit Friends 8
- 2. Draw a cartoon within the frame illustrating a healthy eating message and draw the lettering of the healthy eating slogan underneath.



3. Paint the cartoon and slogan in neatly.



4. Allow the paint to dry and paint the space surrounding the cartoon and slogan black to show the colours up nicely.



GAA Grassroots to National Programme (GNP)

### Strand Unit: Football on Mars

### Materials -

Newclay, modelling wire, poster paints, paintbrush, pliers.

Have you ever imagined if there is life on other planets? What would the aliens look like? And would they like to play Gaelic football? Create your own aliens from clay to see what it would be like.





### STAGE 1

Press some pieces of clay together to make a ball for the alien's body. Insert a small wire to support its head.

#### STAGE 2

Press some more pieces of clay together to form the oval of his head around the wire, and blend it into the body, where the head meets the body.



## 4

### STAGE 3

Place some wires into the body to support the arms, ears and feet.

### STAGE 4

Add more clay to the wire to form the ears, arms and feet. Shape them whatever way you wish and smoothen with your fingers. Paint with poster paints and why not make a background of a planet out of clay.





# TEACHER NOTES

### Strand Unit: Clay Dreaming about the game

Materials -Newclay, modelling wire, poster paints, paintbrush, pliers.

We have all seen bedclothes with our favourite sports stars and teams in the shops. Create your own bed clothes influenced by your favourite games.





### STAGE 1

Shape together a rectangular block of clay to make the bed. For the headboard insert three wires, the outer ones to support the hurlies and the centre one for a ball. Insert a wire to support the head.

### STAGE 2

Build up the headboard with clay and smoothen with your fingers. Squeeze the clay around the wire to form the hurlies.





### STAGE 3

Press a pillow shape with some clay and place the head of the child around the supporting wire.

### STAGE 4

Place small pieces of clay close to the child's chin and around the bed to form the blankets or duvet. Paint your favourite design influenced by your team.







GAA Grassroots to National Programme (GNP)

## Strand Unit: Construction The Floating Sign

### Materials -

Newspaper, papier mache paste, drink carton, cardboard, cardboard box, glue, paintbrush, scissors.

Have you ever seen the hydrogen balloons, which show a message on the day of the big game. Construct a 3D scene with yourself looking up at the balloon.













#### STAGE 1

Tear some strips of paper and soak them in wall paper paste. Squeeze these on to the base of a drink carton to shape the curve of the balloon.

#### STAGE 2

Place some more strips over the curve to tidy it up. Smoothen it with your fingers.

#### STAGE 3

Cut some cardboard for the fins of the balloon and fasten them on to the balloon with strips of paper soaked in papier mache paste. Completely cover the balloon in papier mache paper.

STAGE 4

Paint the balloon in.

#### STAGE 5

Paint the inside of a box to form a sky. When the paint is dried glue some pieces of card board on to the sky to hold the balloon and some lower down to support a head.

#### STAGE 6

Draw the shape of a head on to card board and cut it out. Paint the head in with the eyes looking up.





Glue the head on to the lower support and the balloon on to the higher support.

STAGE 8 The Sky is the limit for your favourite team.



# TEACHER NOTES

GAA Grassroots to National Programme (GNP)

### Strand Unit: Construction

Materials – Glue, cardboard, scissors, cardboard box, poster paints, paintbrush.

In hurling, goalkeeper's hurleys have larger bosses. Wouldn't it be very unfair if football goalkeepers had large hands and feet?





### STAGE 1

Cut four small pieces of cardboard and glue together to form a ridge. Glue two of these ridges on to the box as shown to support the player's feet.

STAGE 2 Cut out a goal post.





STAGE 7 Glue the pieces of the player together.

STAGE 8 Paint the player.



STAGE 3 Glue another ridge on to the back of the cross bar.



### STAGE 9

Paint the sky and the ground on the inside of the box. When the paint is dried glue the posts to the sky, the player's feet on to the support, and the grass on to the foreground. Now, can you score?







### STAGE 4

Cut out some zig, zag shapes on to a rectangular strip, slightly narrower then the box.

### STAGE 5

Fold the grass back so that the bottom side can be glued to the box so the grass stands up.

### STAGE 6

Draw the shapes of the different parts of a player with extremely large gloves and boots on to cardboard and cut them out.





GAA Grassroots to National Programme (GNP)

### **Strand Unit: Fabric**

Materials -

Scissors, cardboard, felt, pva glue, strong tape, fake eyes, safety pin.

Lots of people are very creative when it comes to supporting their teams. They create hats, headbands and all types of paraphanelia. Here is an idea for a badge. You can adapt it to show a player you like in your club, county team or school team. You may even wish to create a badge with yourself on it.



STAGE 1 Cut out a circle of cardboard.



STAGE 4

Tape a safety pin onto the cardboard with some strong





STAGE 2 Cut out a circle of felt slightly larger than the cardboard.

STAGE 3 Use pva to glue the cardboard to the felt circle.



tape.

STAGE 5 Cut out a jersey for the body and an pink oval for the head.

### STAGE 6

Cut out the smaller details the hair, mouth and jersey. Glue some eyes on.

Now surprise your fellow supporters with your completely original badge.







GAA Grassroots to National Programme (GNP)

# TEACHER NOTES

## Strand Unit: Fabric Buzzy Bees

Materials -

Drink container, masking tape, scissors, pipe cleaners, fake eyes, felt, white card.

STAGE 5

STAGE 6

on the felt.

STAGE 7

form a rim.

Attach short pipe cleaners to

these to the flat part of the bottle. Glue the other circle

form the antennae. Tape

of felt over the antennae.

Glue some eyes and a smile

Cut the wings from white

card (roughly the shape of a

love heart) and bend back to

There's a real buzz of excitement in the air during the championship. You can create this buzz by using felt and a drink container to make a bee. Use your teams colours for the felt to make the bee.





### STAGE 1

Cut the drink container roughly below the neck to tidy the shape of the bees body

STAGE 2 Tape some masking tape stripes across the open end to seal it.

### STAGE 3

Starting at one end of the bottle, glue some brown and yellow strips of felt to it to show the bee's stripes.

### STAGE 4

Cut two circles the same diameter as the base of the bottle and glue one to the base.









### STAGE 8

Glue along the rim and attach the wings to the body.

Now there is a real buzz of excitement about.







GAA Grassroots to National Programme (GNP)

### **Strand Unit: Print**

Materials -Block printing paints, paintbrushes, non-permanent marker, acetate sheet, masking tape, black sugar paper.

Monoprints are very enjoyable to create. Think of an animal you like and create a simple design for the animal. Colour the animal in with your team colours.



STAGE 1

Draw a thick outline of the animal with a marker onto an acetate sheet.



STAGE 5 Gently place some black

STAGE 2 Tape the acetate on to the desk.



paper over the paint.

### STAGE 6 Gently roll over the paper with a print roller. Don't lean too hard as this smudges the paint.



STAGE 3 Paint the animal in with block printing paint.



### STAGE 7 Carefully peal the paper off

to reveal the print.



STAGE 4 Take care not to go over the black lines.





**TEACHER NOTES**