



PE Céim ar Aghaidh

A GAA GAMES DEVELOPMENT INITIATIVE

Introduction

Welcome to the GAA's Céim ar Aghaidh **Physical Education** teaching resource which has been designed to assist Primary School Teachers to deliver the Games Strand of the national Physical Educational Curriculum through Gaelic games activities, covering Gaelic Football, Hurling/Camogie, Handball and Rounders. It is an addition to the GAA Céim ar Aghaidh/Step Ahead Resource Pack, which is a cross-curricular education resource supporting the wider Primary School Curriculum based on the theme of the GAA.

Planning

16 Lesson Plans, which meet the planning standards set forth in the NCCA National Primary School Curriculum, are presented here. Strand, Strand Units and Curriculum Objectives are provided in each lesson which address planning guidelines from the National Curriculum.

Linkage & Integration

Examples of linkage across the Athletics and Gymnastics Strands of the PE Curriculum are also referenced in each Lesson Plan. Suggestions for Integration across the other subjects of the wider Primary School Curriculum are also made (See Examples of Integration on Page 71).

Differentiation

The content of the Lesson Plans allows maximum participation for all children in the lesson. The lessons provide opportunities for achievement for each child. The activities in the lesson plans will allow the teacher to present each child with achievable tasks.

Assessment

Guidelines from your school's Assessment Policy should be followed when assessing the lessons from this resource. Two suggested assessment tools are the 'Two Stars and a Wish' tool and the 'U-Can Awards' skill challenges (See Pages 69 & 70).

Facilities & Equipment

All Lesson Plans are designed to run on a school yard or playing pitch. Many of the activities can also be run in an indoor hall with adequate space. Each Lesson Plan references the particular equipment required to organise the activities.

Understanding the Activity Icons

Throughout the Lesson Plans a series of icons are used to identify the type of Activity presented. Below is what they stand for.

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Infants

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Understand the Icons



Basic Drill



Intermediate Drill



Advanced Drill



Ball Sense



Fun Routine



Set Play



Practice Play



Conditioned Game



Small-sided Game



Backs & Forwards



Full Game



Challenge



PE Céim ar Aghaidh

Teachtairacht an Uachtarán



Is cúis mór áthais dom fáilte a fhearradh roimh an bhfoilseachán iontach seo a chabróidh lenár muinteoirí grá d'ár gcluichí Gaelacha a chothú agus a spreagadh sna scoileanna.

As a primary school teacher and someone with a profound interest in both Gaelic games and education, it gives me great pleasure to welcome the publication of this fantastic teaching aid that is the PE Céim ar Aghaidh Resource. I am glad to say that the GAA has been to the fore in the development of resources such as this and this latest project sees that trend continue.

The PE Curriculum notes that Gaelic Games should be given particular consideration as part of the games programme and our schools and the education sector as a whole are a major contributor when it comes to influencing and fostering an interest and love in our games. This is the first resource of its kind that promotes all codes within the Gaelic games family - Hurling/Camogie, Gaelic Football, Handball and Rounders – and this integrated approach I believe will very much define our success into the future.

Based on the structure of the PE Curriculum itself, the approach in developing this resource has been to design Lesson Plans appropriate to each of the four different class levels and the specific development of each child. I laud all of those who have been involved in this work from the outset and I look forward to its roll out and implementation where I believe it will greatly assist both pupils and teachers alike in emphasising the importance of physical education as part of a healthy and balanced lifestyle.

Rath Dé ar an obair,

Liam Ó Néill
Uachtarán Chumann Lúthcheal Gael

